Lake Club COMMUNICATOR ROCKY RIDGE





As August unfolds, it whispers of endings and beginnings, a gentle reminder to savor the present.

EDITOR'S NOTE

I hope you're having a great summer! July brought us a long heat wave and some wildfire smoke, which unfortunately forced us to cancel our Community Clean-Up Day. We'll reschedule it to a better time provided we have enough volunteers.

Our Music in the Park event was fantastic, and it was lovely to see so many of you there. The wonderful band 'Silence In Between' provided music entertainment, and they never disappoint with their talent. This year, we also invited Butterfield Acres Farm, who brought their most huggable, cutest baby animals. They were a huge hit among children and adults alike, who stopped to see the adorable animals and give them a quick pet before grabbing a ticket for a scoop of delicious ice cream. Unfortunately, the weather didn't cooperate, and we got rained out halfway through the event! It was a bummer to wrap up the party earlier than expected, but that's the risk with outdoor events. Let's hope for better luck next time. Thank you all for coming, and we hope to see you again soon! Check out photos from the event on our Facebook or Instagram page. If you don't use social media, you can find some sneak peek photos in this newsletter!

Attention all community members: Effective August 1st, we have revised our Fitness Centre Rules and Regulations. Please review the complete list of rules on Page 3 and feel free to contact the Lake Club office or the HOA Board of Directors should you have any questions.

Join us for the **Tech Bridge program** on Sunday, August 18th, from 3 to 4 pm in the Lake Club Theatre. This volunteer-run program is designed to help our senior members learn how to better use their technology devices to navigate the community and connect with people. Skills covered include taking great photographs and posting them on social media, using AI to enhance their lifestyle, and utilizing various apps. We encourage seniors to bring their devices, whether it's a phone, computer, iPad, or any other gadget.

We have another special treat for you coming up: a Fraud Prevention Seminar that you won't want to miss! We have invited a representative from Crime Stoppers Canada, an RBC bank expert, and a member of the Calgary Police Service for a special presentation on fraud. These top experts will share their best tips and tricks on the latest frauds and scams, teaching us what to watch out for. Scammers are becoming increasingly sophisticated, and no one is immune, so please bring your family and friends and remind your neighbours to attend this important presentation in the Lake Club Theatre. Date to be released soon!

Lastly, the Lake Club office will be closed from September 2nd to 17th as I take some time off.

Enjoy the rest of the summer!

Branka





The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

BOARD REPORT

The HOA Board of Directors hopes you are enjoying the summer and fared well during that unusual period of water restrictions. The restrictions did delay getting the waterfall installed but it is now running. We invite you to take a walk over to the East storm pond and check it out.

The median is looking great this summer but the fence on the East side of our community needs repairs, cleaning and re-staining. We are waiting for more bids from contractors so we can have this completed this summer.

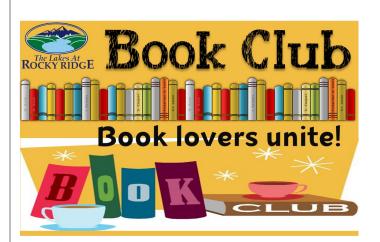
The board has reviewed a situation in the fitness centre where young children have been continuing to use the exercise equipment that are designed for adults in dangerous ways. We are very concerned that any of these children could be seriously harmed. After careful consideration the board has implemented a change in the age restrictions in the fitness centre to prevent any child under the age of 12 from accessing the fitness centre. So please do not bring your children that are under 12 to the

fitness centre. Members can still have their youth aged 12 and up join them in the fitness centre under their careful supervision.

As well we are still observing that some users are still not changing their shoes to clean inside shoes and this is causing damage to the equipment and floor mats. The costs of repairing these damages are significant. Please bring clean indoor shoes with you to wear in the fitness centre.

We loved seeing you all enjoy the activities at our recent Music in the Park event on August 3rd. Thank you for coming out and making it so special.

If you have any questions, concerns, suggestions or comments regarding the HOA, the Lake Club and any of our activities, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.



Join our monthly discussions on the **2nd Monday of each month** at 7 PM in the Lake Club Theatre.

DROP-INS WELCOME



Need more info? Contact Lake Club office Phone 587 349 1338 activity.lakeclub@ outlook.com Please note that the following regular activities are currently on pause for the summer break and will resume in September!





FITNESS CENTRE REGULATIONS Hours: 5 AM-11 PM

Usage of the Fitness Centre is at the sole discretion and risk of residents of The Lakes at Rocky Ridge. The Homeowners Association (HOA) assumes no responsibility for any injuries incurred while using this facility.

Violation of the below regulations will result in a review by the HOA Board of Directors, and appropriate action will be taken. All new residents are REQUIRED to sign both the Lake Club Security Access form and the Lake Club Waiver form PRIOR to utilizing any Lake Club facilities. These forms can be obtained from our website:

www.thelakesatrockyridge.com

- 1. The Fitness Centre is exclusively for the Lakes at Rocky Ridge HOA members and Manor Village staff.
- 2. Children under the age of 12 are PROHIBITED from entering the gym. Minors aged 12 and older MUST be supervised by an adult.
- 3. Due to the inherent risk of personal injury associated with the use of the Fitness Centre, it is strongly recommended that you consult your physician before engaging in any activities.
- 4. Appropriate exercise attire is MANDATORY. Outside footwear is STRICTLY PROHIBITED within the gym.
- 5. Food and beverages are forbidden, with the sole exception of sealable water containers.
- 6. Please demonstrate respect for others by maintaining courteous and appropriate behavior at all times.
- 7. Dropping weights and moving machines is not allowed.
- 8. A 30-minute time limit applies to all equipment.
- 9. Equipment must be sanitized after use and returned to its original location.
- 10. The final person exiting the gym in the evening is to turn off the lights and fans.
- 11. The HOA is not liable for lost or stolen items. Found items are placed in a basket located in the Games room.
- 12. Report any equipment malfunctions or specific concerns to the Lake Club Manager (activity.lakeclub@outlook.com or 587 349 1338), or leave a note in the suggestion box.



Calling All Fun-Loving Volunteers!

Ever thought about adding a little extra excitement to your day while making a difference in our community? We'd love for you to join our fantastic team of HOA volunteers!

If you're interested in helping organize and run our awesome events and activities, this is your chance to shine. Be part of the fun and help make our community an even better place to live. For more info on how to become a volunteer, swing by our website or stop by the Lake Club office. We can't wait to see you there!

Minors in the Gym

We have recently noticed more minors, including very young children, using the gym equipment. While we love seeing our community stay active, we want to remind everyone that children under 12 are not permitted in the gym. This policy is for their safety, as the equipment is not suitable for small children.

Additionally, our gym is intended for workouts rather than a play area. Minors over 12 are welcome in the gym, but they MUST be accompanied and supervised by a responsible adult at all times.





Music in the Dark Event ROCKY RIDGE Music in the Dark Event Ohotos





























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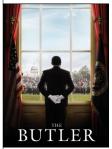
All movies begin at 7 pm



Aug 3 — Ella Enchanted (2004) with Anne Hathaway, Hugh Dancy, Cary Elwes

Rated G for some crude humor and language

Ella is under a spell to be constantly obedient, a fact she must hide from her new stepfamily in order to protect the prince of the land, her friend for whom she's falling.



Aug 10 — The Butler (2013) with Forest Whitaker, Oprah Winfrey, John Cusack

Rated 14A for some violence and disturbing images, language, sexual material, thematic elements and smokina

As Cecil Gaines serves eight presidents during his tenure as a butler at the White House, the civil rights movement, Vietnam, and other major events affect this man's life, family, and American society.



Aug 17 — The Italian Job (2003) with Donald Sutherland, Mark Wahlberg, Edward Norton

Rated 14A for violence and some language

After being betrayed and left for dead in Italy, Charlie Croker and his team plan an elaborate gold heist against their former ally.



August 24— Everest (2015) with Jason Clarke, Ang Phula Sherpa, Thomas M. Wright

Rated PG for intense peril and disturbing images

On May 10, 1996, mountain guides Rob Hall and Scott Fischer combine their expedition teams for a final ascent to the summit of Mount Everest. With little warning, a storm strikes the mountain, and the climbers must now battle to survive.



Aug 31 — Rain Man (1988) with Dustin Hoffman, Tom Cruise, Valeria Golino Rated PG

After a selfish L.A. yuppie learns his estranged father left a fortune to an autistic-savant brother in Ohio that he didn't know existed, he absconds with his brother and sets out across the country, hoping to gain a larger inheritance.

LAKE CLUB ACCESS



Rules and Policies

We are pleased to see more community members enjoying the many useful and fun amenities the Lake Club has to offer. However, we must remind everyone of the rules and policies regarding access to the Lake Club:

- Lake Club members, along with their family and friends who accompany them, can access the facility using a fob. Each HOA member household is allowed access to the Lake Club once they complete and sign the Lake Club Security Access form and Lake Club Waiver form. Both forms are available on our website. Along with these forms, unit owners must submit a document confirming their Rocky Ridge mailing address and a photo ID.
- Owners who rent out their properties should ensure that their tenants also complete the Lake Club Security Access and Lake Club Waiver forms and submit them to the Lake Club office. Additionally, unit owners who rent out their properties must complete and sign a Landlord Agreement form, also available on our website. Please note that each new tenant must submit these forms prior to accessing the Lake Club facilities. The tenants' information must be updated in our fob security system before their fobs are activated for Lake Club access.
- Board policy allows two fobs to be registered per household free of charge. If the unit has already received two fobs at any point in the past, any additional fobs can be purchased for \$50.
- Lost fobs can be replaced for \$50, and the Lake Club Manager should be notified so the lost fob can be deactivated in the system.
- When an HOA unit is sold, fobs should be transferred to the new owners through the sale of the property. All fobs registered to a sold unit will be temporarily deactivated until the new unit owner(s) sign and submit the required documents to access the Lake Club.
- Please adhere to all general rules and regulations when using the Lake Club facilities. Policies are clearly displayed throughout the facility and at the entrance to each room. Failure to comply may result in a notice letter and/or deactivation of members' fob(s).
- Family and friends are welcome to visit but must be accompanied by an HOA member. Minors must be supervised by a responsible adult at all times. Only HOA members and Manor staff are permitted to use the Fitness Centre.
- For any further information, please visit our website or contact the Lake Club office at 587 349 1338 or E-mail: activity.lakeclub@outlook.com.

AUGUST 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|-----------------------------------|-------------------------------|---|--|
| T) Theatre (GR) Games Room (AR) Activity | | | | 1 9:30am Yoga DVD (T) | 9:30am Aerobics DVD (T) 7pm Board Games | 3 Music in the Park Event 4—6pm (Park by |
| Room (BR) Board Room | | | | 6pm Walking Club (Lookout) | Night (GR) | Central Pond) 7pm Movie (T): Ella Enchanted |
| 4 | 5 9:30am Aerobics DVD (T) 10:30am Ladies | 6 9:30am Yoga DVD (T) 10:30am | 7 9:30am Aerobics DVD (T) | 8 9:30am Yoga DVD (T) | 9 9:30am Aerobics DVD (T) | 10 Spanish Lessons 12:30pm—2pm (GR) |
| | Social Group (GR) | Community Pickleball (Tennis Courts) 7pm Jam Session (T) | 1:30pm Bingo (AR) | 6pm Walking Club (Lookout) | 7pm Board Games Night (GR) | 7pm Movie (T): The Butler |
| 11 | 12 9:30am Aerobics DVD (T) | 13 9:30am Yoga DVD (T) 10:30am | 9:30am Aerobics DVD (T) | 15 9:30am Yoga DVD (T) | 9:30am Aerobics DVD (T) | 17 Spanish Lessons 12:30pm—2pm (GR) |
| | 10:30am Ladies Social Group (GR) 7pm Book Club (T) | Community Pickleball (Tennis Courts) 7pm Jam Session (T) | 1:30pm Bingo (AR) | 6pm Walking Club (Lookout) | 7pm Board Games Night (GR) | 7pm Movie (T): The Italian Job |
| 18 Tech | 9:30am Aerobics DVD (T) | 9:30am Yoga DVD (T) | 9:30am Aerobics DVD (T) | 9:30am Yoga DVD (T) | 9:30am Aerobics DVD (T) | 24 7pm Movie (T): |
| Bridge Program 3—4 pm (T) | 10:30am Ladies Social Group (GR) | 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) | 1:30pm Bingo (AR) | 6pm Walking Club (Lookout) | 7pm Board Games Night (GR) | Everest |
| 25 | 26 9:30am Aerobics DVD (T) | 27 9:30am Yoga DVD (T) | 28 9:30am Aerobics DVD (AR) | 29 9:30am Yoga DVD (T) | 9:30am Aerobics DVD (T) | 31 Spanish Lessons 12:30pm—2pm |
| | 10:30am Ladies Social Group (GR) | 10:30am Community Pickleball (Tennis Courts) | 1:30pm Bingo (AR) | 6pm Walking Club (Lookout) | 7pm Board Games Night (GR) | 7pm Movie (T): Rain Man |



Fraud Prevention Presentation

Featuring Special Guests from Crime Stoppers, RBC Bank, and Calgary Police!

Join us for an informative session on how to protect yourself and your loved ones from fraud.

Our special guests will share valuable tips and insights to help you stay safe.

Keep an eye out for the date and sign up ASAP. Limited spots available!



To sign up, please contact the Lake Club office at 587 349 1338 or Email: activity.lakeclub@outlook.com