Lake Club COMMUNICATOR The Lakes At ROCKY RIDGE





EDITOR'S NOTE

The arrival of winter marks a distinct shift in the seasons, an undeniable time of change that captivates our senses. As the days grow shorter and the air turns crisp, we can't help but be mesmerized by the transformation taking place around us.

There is a certain allure in embracing the coziness and comfort that winter brings. It is a time to gather with loved ones, to savor warm beverages, and to indulge in the simple pleasures of life. As the temperatures begin to cool, we find solace in wrapping ourselves in soft blankets, cozying up by the fireplace, and immersing ourselves in the pages of a good

A big thank you everyone for coming to our Halloween party. We had a blast! The event was a huge success, and we couldn't have done it without the help of all the volunteers. Your hard work and dedication made this party a memorable experience for everyone.

The costumes at the party were incredibly creative. We saw a wide range of imaginative and unique outfits. From spooky

witches and pirates to adorable superheroes and princesses, the variety of costumes was truly impressive. As a token of appreciation, we awarded prizes to many winners so we want to congratulate them for the outstanding creativity!

With the Halloween party behind us, we now eagerly look forward to our next gathering. We value your continued support and enthusiasm, and we promise to bring even more excitement and fun to our future events. Stay tuned for updates and mark your calendars, as we can't wait to celebrate with all of you again.

Happy November!

Branka

Please be advised that the Lake Club office has recently migrated to a new email address. Please ensure all future correspondence is directed to our new email address: activity.lakeclub@outlook.com



The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW



BOARD REPORT

The Board of Directors thanks everyone that came out for the Halloween Party and helped make it a successful event. This was a great opportunity to get to know each other better and build our community.

The current HOA Board includes Rod Corbett, Brenda Winkler, Carol O'Brien and Dini White.

There is a large need for community member volunteers to help in a wide variety of areas that support the activities and facilities at the Lake Club. This includes filling a vacant position on the Board of Directors. If you would like to learn more about these opportunities please talk to a Board member or send us an email at the address below.

If you have any questions, concerns, suggestions or comments regarding the HOA and the Lake Club, please send them to the Board of Directors at lakesatrrhoa@gmail.com.



Set your clocks back one hour Sunday morning..
And enjoy an extra hour of sleep!

As winter approaches, the days are getting shorter, and we will soon find ourselves in a period of increased darkness for the next few months.

Daylight saving time in 2023 will conclude on Sunday, November 5th at 2am. It is important to be mindful of this date and set a reminder to adjust your clock back by one hour when the time comes.

Your digital and Wi-Fi-connected devices should make the switch automatically. However, it is always a good idea to double-check them in the morning to ensure that the time has been adjusted correctly.

VOLUNTEERS NEEDED!

Movie Committee Membership Opportunity

Are you a movie enthusiast? Do you enjoy immersing yourself in the world of cinema? If so, we have a thrilling opportunity for you! We are currently seeking new members to join our esteemed movie committee.

If you are interested in joining or would like more information about the role, we encourage you to reach out to us. We will provide you with all the details you need to know, including the responsibilities and expectations of committee members.



We look forward to welcoming new members and creating unforgettable movie experiences together!

For more information please contact the Lake Club office or email the movie committee at lakesatrrhoa@gmail.com.







SCAN QR CODE
To view online

Lake Club Theatre November Movies

All movies begin at 7 pm



November 4 — The Great Escape (1963) with Steve McQueen, James Garner, Richard Attenborough

Rated PG

Allied prisoners of war plan for several hundred of their number to escape from a German camp during World War II.



November 11 — The Little Mermaid (2023) with Halle Bailey, Jonah Hauer-King, Melissa McCarthy

Rated PG for action/peril and some scary images

A young mermaid makes a deal with a sea witch to trade her beautiful voice for human legs so she can discover the world above water and impress a prince.



November 18 — Golda (2023) with Helen Mirren, Zed Josef, Claudette Williams

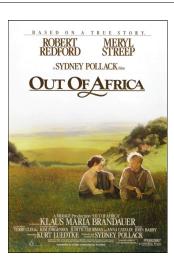
Rated PG-13 for thematic material and pervasive smoking

Focuses on the intensely dramatic and high-stakes responsibilities and decisions that Golda Meir, also known as the 'Iron Lady of Israel,' faced during the Yom Kippur War.



November 19 — Fame (1980) with Eddie Barth, Irene Cara, Lee Curreri Rated PG

A chronicle of the lives of several teenagers who attend a New York high school for students gifted in the performing arts.



November 25 — Out of Africa (1985) with Meryl Streep, Robert Redford, Klaus Maria Brandauer

Rated PG

In 20th-century colonial Kenya, a Danish baroness/ plantation owner has a passionate love affair with a free-spirited big-game hunter.



Join us for movie nights!

The HOA is pleased to provide complimentary snacks for all attendees.

Sit back, relax, and indulge in a variety of treats while you watch your favorite films.

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 (T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room			9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	9:30am Yoga DVD (T) The Nutman 11:30am — 12:00pm (AR) 4pm Walking Club (Lookout)	9:30am Aerobics DVD (T)	4 Hatha Yoga 11—12:15 pm (AR) (Pre-register & Drop-ins) 7pm Movie (T): The Great Escape
5	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	7 9:30am Yoga DVD (T) 7pm Bridge (AR)	8 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	9 9:30am Yoga DVD (T) Personal Touch Fashions 10am—2pm (AR) 11am Catholic Communion (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) Sound Bath (AR) 6:30—7:45pm (Open Event)	11 Hatha Yoga 11—12:15 pm (Pre-register & Drop-ins) (AR) FAMILY MOVIE 7pm (T): The Little Mermaid REMEMBRANCE DAY
2pm PIANO RECITAL (T)	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T)	9:30am Yoga DVD (T) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	16 9:30am Yoga DVD (T) The Nutman 11:30am — 12:00pm (AR) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 2:30pm Seamstress Ona (BR)	18 Hatha Yoga 11—12:15 pm (Pre-register & Drop-ins) (AR) 7pm Movie (T): Golda
CONCERT SERIES 7pm Movie: Fame (T)	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	21 9:30am Yoga DVD (T) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	23 9:30am Yoga DVD (T) 11am Catholic Mass (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T)	25 Hatha Yoga 11—12:15 pm (Pre-register & Drop-ins) (AR) PAINT NIGHT 3—5pm (AR) 7pm Movie (T): Out of Africa
26	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	9:30am Yoga DVD (T) 7pm Bridge (AR)	9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	9:30am Yoga DVD (T) The Nutman 11:30am — 12:00pm (AR) 4pm Walking Club (Lookout) 7pm Bridge (AR)		

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Hours

Sunday & Monday Closed Tuesday & Thursday 10am-7pm Wednesday Friday Saturday 10am-4pm



We are currently seeking a skilled and experienced stylist to join our team at a family salon. The ideal candidate should have a strong proficiency in finishing styles and hair cutting and be able to cater to the unique needs of our senior community members. This position is available for both full-time and part-time applicants. Must be a licensed journeyperson hairstylist within the province of Alberta or carry a Red Seal. The successful candidate will be hired as a contractor and will be offered a competitive commission structure.



403-837-7878

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As a long time resident of The Lakes At Rocky Ridge, I am exceedingly familiar with the many benefits this great community has to offer. If you are thinking of selling your home, or know someone who is, I would be pleased to assist. I will commit to giving 100% of my time and effort to sell your residence at the highest market value. Give me a