Lake Club COMMUNICATOR The Lakes At ROCKY RIDGE





EDITOR'S NOTE

As we step into the month of February, we are greeted not only by the crisp winter air but also by the warmth of love, family, and connections. It is a month that invites us to celebrate the bonds that tie us together and the diverse threads that weave our community fabric. In light of this, we are thrilled to announce a series of special events designed to enhance our sense of community and foster meaningful connections.

We are excited to invite you to join our Spanish Lessons starting on Saturday, Feb 17th, at 12:30 pm in the Games Room. Led by a native speaker, these lessons are free and open to everyone. This is a fantastic opportunity to learn, laugh, and connect with your fellow residents.

Join us for a Jam Session every Tuesday at 7 pm in the Theatre - bring your instrument and let's make some music magic. And if Scrabble is more your style, gather with fellow enthusiasts every Monday at 7 pm in the Games Room for some friendly wordplay.

We are pleased to inform you that Seamstress Ona will be visiting us again on Friday, February 16th at 2:30pm. Additionally, Personal Touch Fashions, the mobile boutique, is scheduled to

return on Tuesday, Feb 20th, at 11 am. If you find yourself in need of some new and fashionable clothing, we encourage you to drop by the Lake Club on this day.

Exciting news! This month, we are thrilled to announce our very first Multicultural Fusion Fest – an event designed to celebrate diversity, foster connections, and create a vibrant tapestry of cultures within our community.

We encourage you to actively participate by bringing a dish that holds significance to your heritage or by adorning yourself in traditional clothing. This event provides a unique opportunity to connect with your neighbours, learn about their

customs and traditions, and share your own cultural story.

For further details on how to participate please reach out to the Lake Club office or visit our website. Let's make this event a celebration of unity, understanding, and appreciation.

We look forward to seeing you there!

Branka



SCAN QR CODE TO SIGN UP TO RECEIVE OUR NEWSLETTER ELECTRONICALLY.

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW





MULTICULTURAL FUSION FE(A)ST

Saturday, February 24th 2:00 – 4:00 PM Lake Club Activity Room

How to participate:

Wear traditional clothing from your culture.
Share stories about your cultural background.
Bring a dish to share that represents
your cultural heritage.



FOR MORE INFO VISIT OUR WEBSITE



Got questions?

Contact the Lake Club office 587 349 1338 activity.lakeclub@outlook.com

BOARD REPORT

The HOA Board of Directors is working toward developing more inclusive activities for this year as we recognize a great need for all of us to get to know our neighbours within the HOA community better. We all value the large diversity in our community and we are looking forward to the Multicultural Fusion Fest event planned for Saturday, February 24th. To ensure this event is successful, we need your help to contribute and participate in this activity. Please look for more details in this newsletter and on our website.

We all want the Lake Club to be a safe place where we can all come and enjoy the facilities and activities without the fear of being disrespected. Please be kind, courteous and respectful to all members of our HOA community. If you see or hear of anyone being disrespected in any way, please speak and report the incident to the Board directly.

If you have any questions, concerns, suggestions or comments regarding the HOA and the Lake Club, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.

Jammers Wanted!

Calling all music maestros!

Grab your instrument, unleash the beats, and join the Tuesday Jam Session at 7 pm in the Lake Club Theatre.

It's not just music; it's a rocking good time!



ONGOING ACTIVITIES

The Lake Club is a vibrant community that offers a wide array of clubs, activities, and exercise classes. All welcome.

Ladies Craft Group (Games Room)

Every Monday at 10:30am, a group of ladies gathers together to engage in knitting and crochet projects.

Yoga for Beginners (Theatre)

DVD played at 9:30am on Tuesday and Thursday.

Aerobics: Jane Fonda (Theatre)

DVD played 9:30am on Monday, Wednesday and Friday.

Book Club (Theatre)

The monthly Book Club meeting is a gathering of reading enthusiasts who come together on the 2nd Monday of every month at 7pm.

Bridge (Activity Room)

Every Tuesday and Thursday at 7pm.

Walking Club (Lookout)

Every Thursday at 4pm, a small group of community members gathers to embark on a delightful walk, exploring the neighborhood together. No sign-up is required.

Movies (Theatre)

Saturdays at 7pm. Family movie or Concert series screening on a Sunday at 7pm. Snacks are provided.

Sound Bath (Activity room)

Led by a certified Reiki teacher, these sessions are free and open to everyone. Please check the monthly calendar for dates.

Bingo (Activity Room)

Every Wednesday at 1:30pm.

Scrabble Night—NEW (Games room)

Every Monday at 7 pm, a few residents gather in the Games Room for some Scrabble fun. Join us for a night of laughs, words, and friendly competition.

Spanish Lessons—NEW (Games room)

Free Spanish lessons led by a native speaker. The group gathers every other Saturday at 12:30 pm to practice Spanish and dive into the culture. No need to sign up – everyone's welcome! First meeting is on Saturday, February 17th at 12:30 pm.

Jam Sessions —NEW (Theatre)

Bring your instrument of choice and join us every Tuesday at 7 pm for a lively jam session with fellow music enthusiasts.

Church Services (Theatre)

Catholic Communion: 2nd Thursday at 11am. St. Thomas United Church: 3rd Wednesday at 11am. Catholic Mass: 4th Thursday at 11am.

Yoga Classes (Activity room)

Wednesdays 7—8:15pm (Pre-register only)
Saturdays 11:15am—12:30pm (Pre-register & Drop-ins allowed).

For more information please contact the Lake Club office at 587 349 1338 or email activity.lakeclub@outlook.com

SCAN QR CODE
To view online

Lake Club Theatre February Movies

All movies begin at 7 pm



February 3 — The Shawshank Redemption (1994) with Tim Robbins, Morgan Freeman, Bob Gunton

Rated 14A for language and prison violence

Over the course of several years, two convicts form a friendship, seeking consolation and, eventually, redemption through basic compassion.



February 10 — Emma. (2020) with Anya Taylor-Joy, Johnny Flynn, Mia Goth Rated PG for brief partial nudity

In 1800s England, a well meaning but selfish young woman meddles in the love lives of her friends.



February 17 —Hatchi: A Dog's Tale (2009) with Richard Gere, Joan Allen, Cary-Hiroyuki Tagawa

Rated G

Professor Wilson discovers a lost Akita puppy on his way home. Despite objections from his wife, Hachi endears himself to the family and grows to be Parker's loyal companion. As their bond grows deeper, a beautiful relationship unfolds.



February 18 — Riverdance 25th Anniversary Show (2020)

Musical—Not Rated

A powerful and stirring reinvention of the show, celebrated the world over for its Grammy
Award-winning music and the thrilling energy and passion of its Irish and international dance.



February 24 — Jules (2023) with Ben Kingsley, Harriet Sansom Harris, Jane Curtin

Rated PG-13 for strong language

Milton lives a quiet life of routine in a small western Pennsylvania town, but finds his day upended when a UFO and its extra-terrestrial passenger crash land in his backyard.



You're invited to join us for a reel good time!

The HOA is pleased to provide complimentary snacks for all attendees. Sit back, relax, and enjoy your favorite films!



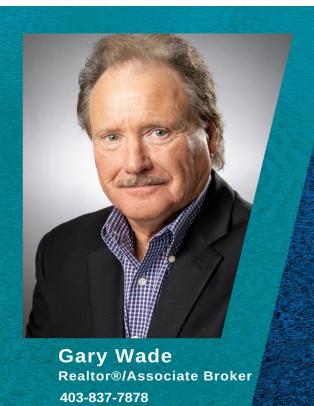
FEBRUARY 2024



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room				9:30am Yoga DVD (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T)	3 Hatha Yoga 11:15am—12:30pr (AR)(Pre-register & Drop-ins) 10am Valentine's Day Decorating (Lake Club) 7pm Movie (T): The Shawshank Redemption
4	5 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Scrabble Night (GR)	9:30am Yoga DVD (T) 7pm Bridge (AR) 7pm Jam Session (T)	7 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	8 9:30am Yoga DVD (T) 11am Catholic Communion (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9 9:30am Aerobics DVD (T)	Hatha Yoga 11:15am—12:30pm (AR) (Pre-register & Dro -ins) 7pm Movie (T): Emma.
11	12 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T) 7pm Scrabble Night (GR)	9:30am Yoga DVD (T) 7pm Bridge (GR) 7pm Jam Session (T)	9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	15 9:30am Yoga DVD (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 2:30pm Seamstress Ona (BR)	17 Hatha Yoga 11:15am—12:30pn (AR)(Pre-register & Drop-ins) Spanish Lessons 12:30—1:30pm (GR) FAMILY MOVIE 7pm (T): Hatchi: A Dog's Tale
7pm MUSICAL (T) Riverdance 25th Anniversary Show	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Scrabble Night (GR) FAMILY DAY	9:30am Yoga DVD (T) Personal Touch Fashions 11:00am— 3:00pm (AR) 7pm Jam Session (T)	9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	9:30am Yoga DVD (T) 11am Catholic Mass (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) Sound Bath 6:30—7:30pm (AR)	24 Hatha Yoga 11:15am—12:30pm (AR)(Pre-register & Drop-ins) MULTICULTURAL FUSION FEST 2—4pm (AR) 7pm Movie (T): Jules
25	9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Scrabble Night (GR)	9:30am Yoga DVD (T) 7pm Bridge (AR) 7pm Jam Session (T)	28 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	9:30am Yoga DVD (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)		



For more information contact the Lake Club Office at 587 349 1338 or email activit





YOUR LOCAL REAL ESTATE AGENT

As a long time resident of The Lakes At Rocky Ridge, I am exceedingly familiar with the many benefits this great community has to offer. If you are thinking of selling your home, or know someone who is, I would be pleased to assist. I will commit to giving 100% of my time and effort to sell your residence at the highest market value. Give me a call today for a NO OBLIGATION home evaluation.

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