

Lake Club COMMUNICATOR



Happy New Year!

EDITOR'S NOTE

As we bid farewell to the holiday season and embrace the onset of January, we hope you all had a delightful and restful time with your loved ones.

The beginning of a new year often brings with it a sense of renewal and the opportunity to set new goals and resolutions. If you're eager to kickstart your year with a focus on wellness, we're thrilled to announce the commencement of our new Yoga sessions next week. For those interested, drop me a line for more details on how to sign up. Let's embark on this journey to a healthier lifestyle together!

Our dedicated movie committee has curated yet another fantastic lineup of movies for this month. Check out page 6 for a sneak peek into the cinematic treats awaiting you.

After a brief hiatus, we're excited to announce the return of our rejuvenating Sound Bath experience. Mark your calendars for Friday, January 26th at 6:30 pm. It's a perfect

opportunity to relax and unwind after the busy start to the year.

A heads-up for all community members: the Lake Club In-Office hours have been revised to Monday and Tuesday from 9 am to 2 pm. It's important to note that these adjustments have been carefully planned and will not have any adverse impact on our regular operations. We are committed to ensuring a seamless experience for all, and we will be diligently monitoring all activities. Should you require any assistance, have questions, or need support, please don't hesitate to reach out via email at activity.lakeclub@outlook.com

Here's wishing each and every one of you a wonderful New Year filled with prosperity, happiness, and success!

Branka

SCAN



SCAN QR CODE TO SIGN UP TO RECEIVE OUR NEWSLETTER ELECTRONICALLY.

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website
www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic
(587) 349-1338 | activity.lakeclub@outlook.com
In-Office Hours: Monday & Tuesday 9am—2pm

HOA Board
lakesatrrhoa@gmail.com



Yoga Classes

For Healthy Aging & Well-Being

It's never too late to start practicing yoga!

For active adults who want to work on foundation and alignment for balance, flexibility, and strength. To build stamina and support your joints through movement. This gentle practice will help you to increase flexibility, improve balance and motor coordination and also deal with common health issues and stress. Better sleep and an improved sense of overall vitality are commonly experienced. Beginners welcome.

Lake Club Activity room

Session 1

Wednesdays

7:00 PM – 8:15 PM

January 10 - March 27

(12 weeks)

Session 2

Saturdays

11:15 AM – 12:30 PM

January 13–March 30

(12 weeks)

Drop-ins now available for Saturday classes!
(*\$15 per class, paid in cash*)



**Exclusive
Price:
\$160 per
session
(12 weeks)**

Need more information?
Contact the Lake Club Office
587 349 1338
activity.lakeclub@outlook.com

BOARD REPORT

The Board of Directors thanks everyone for coming out to the Christmas Party and other activities we had at the Lake Club in December. We want to develop even more inclusive activities for this new year as we recognize a great need for all of us to get to know our neighbours within the HOA community better. This year, please consider inviting a neighbour that doesn't come to the Lake Club to join you at an activity.

We all value the large diversity in our community and would like to plan and develop more activities that celebrate our diversity. If you would like to help with planning, setting up and participating in any of the Lake Club activities please contact the board at the email address below.

Last month the HOA Board acquired new outdoor decorations to help light up the Look Out area and celebrate the season. These replaced the decorations that we have been using for years that were worn out and not functioning anymore. We thank all those who helped in the acquisition and installation of these new decorations.

Please note that the hours the Lake Club Manager will be in her office have been reduced by the HOA Board for this new year. Look for details being posted. Please be kind, courteous and respectful to our manager and all members of our HOA community.

If you have any questions, concerns, suggestions or comments regarding the HOA and the Lake Club, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.

DOOR DECORATING CONTEST WINNERS

Our Holiday Door Decorating Contest was an absolute hit! A massive thank you to all who poured their creativity into their entries. Choosing winners wasn't easy, but here they are! **Congratulations to our talented winners - we hope you love your prizes!**



Lake Club Annual Update



We've been knitting up a storm!!

Many of you are aware there is a group of ladies in the Lakes at Rocky Ridge HOA area who accept donations of unwanted yarn and then turn it into toques for The Drop-In Centre, The Mustard Seed charities, along with one or two other charities that ask us to provide toques for their clients.

Notice the word "donations" in the above paragraph. Some of the sources of our yarn are amazing. Cleaning out our own closets / storage areas or assisting a relative or friend down-size can produce bags of it. The need for yarn for our knitting has been posted on Facebook and yarn has been shipped from Saskatchewan and BC. Some in our group, while visiting around the country, have brought donated wool back from those visits, including a visit to relatives in Ottawa!

But we go through this yarn quickly (we are all fast knitters, even as we talk). As newcomers to our area, some of you may not be aware we have donated over 10,000 toques in the last 12 years. We just sent 355 to the Drop In centre in late September. And are now working on another batch for The Mustard Seed and Inn From The Cold shelter. We have knit 743 toques in 2023, a few infant sweater and toque sets and a few blankets. And all this from a dedicated group of 10+ knitters and crocheters.

Therefore we are asking all our residents who live in the Lakes at Rocky Ridge to keep their eyes open for yarn we can use – as some already do. And if you wish you could help out, you can. To keep our knitting going, we had to buy 112 skeins of yarn this past year. So, if it is within your budget to do so, next time you are at Walmart or Michaels, doing some shopping, toss a \$5.00 ball of yarn – or two! - into your cart. You can bring it around to the Lake Club on a Monday morning, or call Branka at the Lake Club office to let her know you have yarn for us. She will see to it that one of us drops around to pick it up – with a big smile and a huge THANK YOU! This way we will preserve the very limited funds we do have left.





Thank you for coming to our **CHRISTMAS PARTY**



We wanted to extend a huge thanks to everyone who came along to our Christmas bash - we had an absolute blast, and we hope you did too! It was an incredible opportunity to connect with our neighbours and share some quality time together.

Let's give a massive round of applause to none other than Ms. Santa Claus herself! Her presence truly made the event extra special, especially seeing the kids' faces light up with joy. And let's be real, judging from the photos, the adults were just as thrilled!

We had an amazing time hosting you all and getting into the holiday spirit. It was fantastic to see familiar faces and meet new ones. We're already looking forward to our next gathering, and we hope to see each and every one of you there! Stay tuned for more fun times together.





Contest Winners

Congratulations to our amazing Ugly Christmas Sweater contest winners! It was an incredibly tough decision, but their enthusiasm and creativity stood out, earning them a fantastic prize of sweet treats for the entire family! Well-deserved, your prize is as sweet as your Christmas spirit!



Happy
new
year



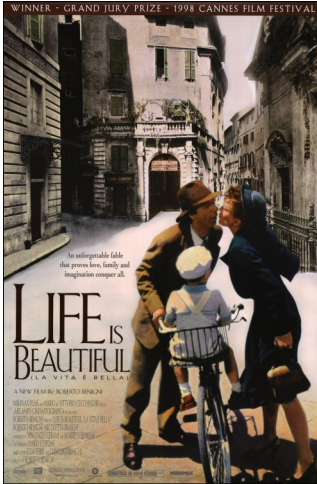
SCAN QR CODE

To view online



Lake Club Theatre January Movies

All movies begin at 7 pm



January 6 — Life Is Beautiful (1997) with Roberto Benigni, Nicoletta Braschi, Giorgio Cantarini

Rated PG-13 for holocaust-related thematic elements

When an open-minded Jewish waiter and his son become victims of the Holocaust, he uses a perfect mixture of will, humor and imagination to protect his son from the dangers around their camp.



January 13 — The Color Purple (1985) with Danny Glover, Whoopi Goldberg, Oprah Winfrey
Rated 14A

A black Southern woman struggles to find her identity after suffering abuse from her father and others over four decades.



January 20 —Elemental (2023) Pixar Animation with voice of Leah Lewis, Mamoudou Athie, Ronnie Del Carmen

Rated G for some peril, thematic elements and brief language

Follows Ember and Wade, in a city where fire-, water-, earth- and air-residents live together.



January 21 — Pitch Perfect (2012) with Anna Kendrick, Brittany Snow, Rebel Wilson

Rated PG-13 for sexual material, language and drug references

Beca, a freshman at Barden University, is cajoled into joining The Bellas, her school's all-girls singing group. Injecting some much needed energy into their repertoire, The Bellas take on their male rivals in a campus competition.



January 27 — The English Patient (1996) with Ralph Fiennes, Juliette Binoche, Willem Dafoe

Rated R for sexuality, some violence and language

At the close of World War II, a young nurse tends to a badly-burned plane crash victim. His past is shown in flashbacks, revealing an involvement in a fateful love affair.



Join us for movie nights!

The HOA is pleased to provide complimentary snacks for all attendees. Sit back, relax, and indulge in a variety of treats while you watch your favorite films.

JANUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room	1 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	2 9:30am Yoga DVD (T) 7pm Bridge (AR)	3 9:30am Aerobics DVD (T) 1:30pm Bingo (AR)	4 9:30am Yoga DVD (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	5 9:30am Aerobics DVD (T)	6 7pm Movie (T): Life is Beautiful
7	8 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T)	9 9:30am Yoga DVD (T) 7pm Bridge (AR)	10 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	11 9:30am Yoga DVD (T) 11am Catholic Communion (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	12 9:30am Aerobics DVD (T) Ona the Seamstress 2:30pm (BR) 	13 Hatha Yoga 11:15am—12:30pm (AR) (Pre-register & Drop-ins) 7pm Movie (T): The Color Purple
14	15 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	16 9:30am Yoga DVD (T) 7pm Bridge (GR)	17 9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	18 9:30am Yoga DVD (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	19 9:30am Aerobics DVD (T)	20 Hatha Yoga 11:15am—12:30pm (AR) (Pre-register & Drop-ins) FAMILY MOVIE 7pm (T): Elemental
21 7pm Movie (T): Pitch Perfect	22 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	23 9:30am Yoga DVD (T) 7pm Bridge (AR)	24 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	25 9:30am Yoga DVD (T) 11am Catholic Mass (T) 4pm Walking Club (Lookout) 7pm Bridge (AR)	26 9:30am Aerobics DVD (T) Sound Bath 6:30—7:30pm (AR) (Open Event)	27 Hatha Yoga 11:15am—12:30pm (AR) (Pre-register & Drop-ins) 7pm Movie (T): The English Patient
28	29 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	30 9:30am Yoga DVD (T) 7pm Bridge (AR)	31 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)			



Red Earth Salon at the Lake Club



Dear Community Members,

It is with a mix of emotions that we share this message with you all. After 14 wonderful years serving this incredible community, Red Earth Hair Salon at the Lake Club will be moving from the community at the end of January 2024.

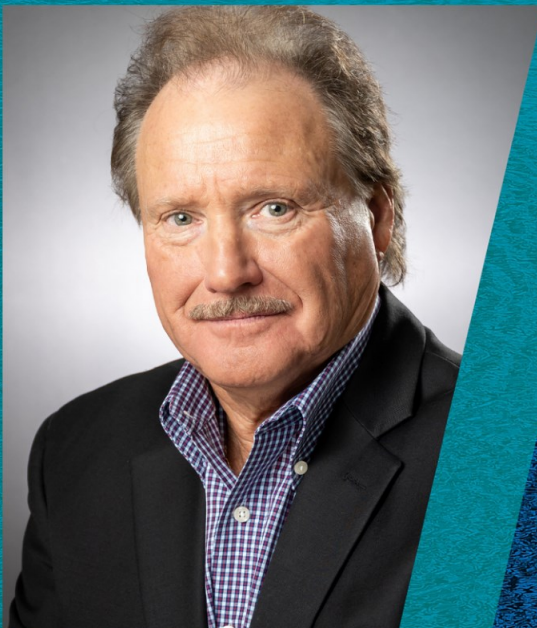
We extend our heartfelt gratitude to Stephany, the talented hairstylist, and owner of the salon, for her dedicated service and commitment to making our community look and feel fantastic. Her passion and expertise have been integral in making Red Earth a cherished part of our lives.

A message from Stephany:

"As we embrace the New Year and New Beginnings, I want to express my deepest appreciation for your continuous support over the years. To show my gratitude, the salon will be offering a special discount of 40% on all current retail stock throughout the month of January. Please note that this offer excludes any special orders.

Thank you for the love and loyalty you've shown me. I invite you to take advantage of this sale and stock up on your favorite products before we leave the space. Thank you immensely for your unwavering support and for being an essential part of our journey.

Wishing each one of you all the very best in 2024!"



Gary Wade
Realtor®/Associate Broker
403-837-7878



YOUR LOCAL REAL ESTATE AGENT

As a long time resident of The Lakes At Rocky Ridge, I am exceedingly familiar with the many benefits this great community has to offer. If you are thinking of selling your home, or know someone who is, I would be pleased to assist. I will commit to giving 100% of my time and effort to sell your residence at the highest market value. Give me a call today for a NO OBLIGATION home evaluation.

**** INQUIRE ABOUT MY NEIGHBOURHOOD FEE DISCOUNT ****

gwaderealestate@gmail.com
www.searchcalgaryhomes.com

