

Lake Club COMMUNICATOR



EDITOR'S NOTE

October is finally here, bringing crisp autumn air, vibrant fall colors, and the excitement of Thanksgiving and Halloween!

We've got a full lineup of activities, and we're starting with our **Community Garage Sale on Saturday, October 5th**. Our spring event was a massive success, and this one promises to be just as exciting, with many sellers already signed up. Join us and who knows, you might find your next hidden treasure at one of the tables!

For the book lovers out there, the **Book Club** members will meet a little earlier this month on **Monday, October 7th**, as Thanksgiving falls on their usual meeting date. If you enjoy a good read and great discussions, this lively group is always open to new members.

We're calling on volunteers to help decorate the Lake Club for Halloween! Join us on Saturday, October 19th at 1:30pm at the Lake Club to get into the spooky spirit—everyone is welcome. And, of course, don't miss our **Halloween Party on Saturday, October 26th at 4pm**. Come dressed in your best costume for a chance to win a prize and enjoy some fun activities throughout the evening.

This month's movie lineup is fantastic, so be sure to check page 4 for all the details. Movie lovers, please consider joining our Movie Committee to help choose films and set up screenings.

Our **Tech Bridge** session returns on **Saturday, October 26th at 10:15am** in the Theatre. This volunteer-run program helps our seniors with tech advice, so if you or someone you know needs help, don't hesitate to join us.

The **Fitness Centre** will undergo maintenance in early October. One treadmill is currently out of order, however a technician will be in soon for repair. Also, we're in the process of acquiring a new gym bench.

Looking ahead, we're excited for the **Holiday Vendor's Market on Saturday, November 23rd**! Everyone is welcome to participate as a vendor so please reach out to the Lake Club office to reserve a spot.

Worth mentioning, we have recently had a security incident at the Lake Club, so a gentle reminder: if you lose your key fob, please report it immediately to the Lake Club office so we can deactivate it for security reasons. Please remember, don't let anyone in that you don't recognize as a community member. You're not being rude; you're just keeping everyone safe.

Wishing you all a cozy, festive October and a very Happy Thanksgiving!

Branka



Follow us on
Instagram



LAKES_AT_ROCKY_RIDGE

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website

www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic

(587) 349-1338 | activity.lakeclub@outlook.com
In-Office Hours: Monday & Tuesday 9am—2pm

HOA Board

lakesatrrhoa@gmail.com

Attention all Lakes at Rocky Ridge HOA members!

Back by popular demand after the smashing success of our last garage sale, we're excited to announce another

COMMUNITY GARAGE SALE!

Saturday, October 5th

2pm to 4pm

Lake Club Activity Room

It's time to declutter and find new homes for those once-loved treasures! There's no fee to rent a table, so start digging through those closets, basements, and garages!

New this time: We're introducing a Donation Table!

If you've got stuff you're ready to part with but don't want to sell, bring it along, someone else might love it as much as you did. Just remember to collect your leftover items.

A few things to keep in mind:

- Sellers, contact the Lake Club office to reserve your spot ASAP as tables are limited and they go fast!
- For larger items (like furniture), please bring a photo instead of the actual piece.
- All transactions are strictly between buyers and sellers. The Lake Club office will not be handling any money.

Not selling? No problem! Stop by to browse, you never know what hidden gems your neighbours might have!

Plus, **some sellers are donating all proceeds to charity**, so you'll be shopping for a great cause. We can't wait to see you there!



THE KNIT WITS FUNDRAISER CORNER

The Pavilions ladies in our craft group have been busy setting up plans for our Lake Club Oct. 5th garage sale table.

We will have descriptions of who we are, what we do and the organizations to which we donate.

We will also have a poster suggesting that our community may want to support us by making a “5 Toque Donation” of \$10. Each \$10 donation will allow you to pick out one of our toques for yourself and will purchase enough yarn to make 5 or more toques for those who may be living on the streets or forced to choose between food and warm heads. We will have numerous toques – men's, ladies and children's – on our table and for your donation you will get to choose which one you would like.

Such a deal – you benefit, the craft group benefits and the less fortunate benefit.

We would like to take this opportunity to thank all those in our community who have supported us so generously in the past, with their cash donations and yarn donations.

We look forward to your visit at our table!

The Pavilions Knit Wits Fundraiser Team

***Presentation by Shari Peyerl—
The Unbreakable Porcelain Doll: Digging
Up the Hidden History of Girls & Women.***

Sun, Oct 6th at 2:30pm
Lake Club Theatre

Archaeological discoveries, historical sources, genealogical research and oral histories reveal surprising stories of remarkable females from Glenbow Ranch Provincial Park's past. Hear tales of trailblazers in aviation, nursing and government. Even working-class kids played vital roles in creating history, and in revealing the past to us. Archaeologist Shari Peyerl expands on her new book, *Alberta's Cornerstone*, published by Heritage House.



The HOA Board of Directors welcomes a new director to the board, Syed Hyder was appointed to the board by the Manor as their representative, replacing Carol O'Brien. We look forward to working with Hyder and getting to know him better.

The board has been monitoring the concerns raised by the increasing presence of homeless encampments, open drug use, and incidents of intimidation within our community. We have also become aware of incidents with persons loitering at the top of the waterfall and defacing the stonework with graffiti. If you see anything or anyone that poses a threat to anyone or the common properties in our community, please report this to the Calgary Police Service right away. If possible, take photos to document the incident.

Please use either of the two phone numbers below to make a report.

Emergency Line: Call 9-1-1 for emergencies or if a crime is in progress.

Non-Emergency Line: Call 403-266-1234 for all public safety matters and to report crimes that are not currently in progress.

If you have any questions, concerns, suggestions or comments regarding the HOA, the Lake Club and any of our activities, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.

Your HOA Board of Directors

Trick-or-Treat Night at Manor Village!

Thursday, Oct 31st | 5:30pm - 7:00pm

Join us for a spooktacular evening of trick-or-treating at Manor Village Rocky Ridge Retirement Home!

Wear your best costume and stop by for some Halloween fun!

Big thanks to Manor for opening their doors to our little ghosts and goblins!

*Please use the Manor Main Entrance at:
450 Rocky Vista Gardens NW*



SCAN
QR CODE
To view
online



OCTOBER MOVIES



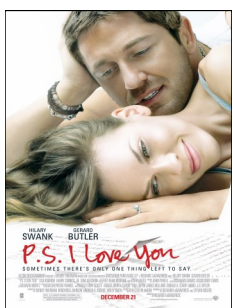
All movies begin at 7 pm



Oct 5 — A Good Woman (2004) with Helen Hunt, Scarlett Johansson, Tom Wilkinson

Rated PG for thematic material, sensuality and language

A 1930s American socialite creates a scandal in the expatriate high society of the Amalfi Coast of Italy when she forms a secretive relationship with a wealthy American unbeknownst to his young wife.



Oct 12 — P.S. I love you (2007) with Hilary Swank, Gerard Butler, Harry Connick Jr.

Rated PG-13 for sexual references and brief nudity

A young widow discovers that her late husband has left her 10 messages intended to help ease her pain and start a new life.



Oct 19 — Young Frankenstein (1974) with Gene Wilder, Madeline Kahn, Marty Feldman

Rated PG

An American grandson of the infamous scientist, struggling to prove that his grandfather was not as insane as people believe, is invited to Transylvania, where he discovers the process that reanimates a dead body.



Oct 26 — Scoob! (2020) with Will Forte, Mark Wahlberg, Jason Isaacs

Rated G for some action, language and rude/suggestive humor

Scooby and the gang face their most challenging mystery ever: a plot to unleash the ghost dog Cerberus upon the world. As they race to stop this dogpocalypse, the gang discovers that Scooby has an epic destiny greater than anyone imagined.

Join the Movie Magic Team!

Are you a movie buff or just love the smell of fresh popcorn? We're looking for enthusiastic volunteers to join our Movie Committee! Interested? For more information, please send an email to lakesatrrhoa@gmail.com



ONGOING ACTIVITIES

The Lake Club is a vibrant community offering a wide range of clubs, activities, and exercise classes. Everyone is welcome!

Ladies Craft Group (Games Room)

Mondays at 10:30am, a group of ladies gathers to engage in knitting and crochet projects.

Yoga for Beginners (Theatre)

DVD sessions are played at 9:30am on Tuesdays and Thursdays.

Aerobics: Jane Fonda (Theatre)

DVD sessions are played at 9:30am on Mondays, Wednesdays, and Fridays.

Book Club (Theatre)

The monthly Book Club meets on the 2nd Monday of every month at 7pm, bringing together reading enthusiasts.

Pavilions Knit Wits Ladies Social (Games Room)

Every Wednesday at 2pm, Pavilions ladies meet to socialize and knit. Knitted items are donated to various charities and shelters. All Pavilions residents are welcome.

Bridge (Activity Room)

Tuesdays and Thursdays at 7pm.

Walking Club (Lookout)

Thursdays at 6pm, a small group of community members gather for a delightful walk, exploring the neighbourhood together. No sign-up required.

Movies (Theatre)

Saturdays at 7pm. Snacks are provided, courtesy of the HOA.

Bingo (Activity Room)

Wednesdays at 1:30pm.

Board Games Night (Games Room)

Fridays at 7pm, residents gather in the Games Room for some friendly competition.

Spanish Lessons (Games Room)

Free Spanish lessons led by a native speaker. The group practices Spanish and explores the Latin culture. No sign-up required – everyone's welcome!

Jam Sessions (Theatre)

Bring your instrument of choice and join us every Tuesday at 7pm for a lively jam session with fellow music enthusiasts.

Church Services (Theatre)

Catholic Communion: 2nd Thursday at 11am
St. Thomas United Church: 3rd Wednesday at 11am
Catholic Mass: 4th Thursday at 11am

Seamstress—Currently on hold

Once a month, a seamstress visits the Lake Club at 2:30pm in the Board Room. If you need any alterations, feel free to drop by. Check the calendar for dates.

Hatha Yoga Class (Activity Room)

Wednesdays from 7pm to 8:15pm. This is a pre-paid class that requires registration.

For more information please contact the Lake Club office at 587 349 1338 or email activity.lakeclub@outlook.com.

OCTOBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	(T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room	1 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	2 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	3 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	4 9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	5 Community Garage Sale 2pm—4 pm (AR)  7pm Movie (T): A Good Woman
6 2:30pm Presentation by Shari Peyerl: The Unbreakable Porcelain Doll: Digging Up the History of Girls and Women	7 9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR) 7pm Book Club (T)	8 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	9 9:30am Aerobics DVD (T) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	10 9:30am Yoga DVD (T) 11am Catholic Communion (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	11 9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	12 7pm Movie (T): P.S. I Love You
13	14 9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR) 	15 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	16 9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	17 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	18 9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	19 Spanish Lessons 12:30—2pm (GR) HALLOWEEN DECORATING AT 1:30 PM AT THE LAKE CLUB  7pm Movie (T): Young Frankenstein
20	21 9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR)	22 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	23 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	24 9:30am Yoga DVD (T) 11am Catholic Mass (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	25 9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	26 10:15am Tech Bridge Session (T) LAKE CLUB HALLOWEEN PARTY 4PM-6PM  7pm Movie (T): Scoob!
27	28 9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR)	29 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Bridge (AR)	30 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	31 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR) HALLOWEEN DAY		

HALLOWEEN PARTY

SAT, OCT 26

4:00 PM — 6:00 PM



Best Costume Contest



We're on the hunt for the Best Halloween Costume of the night! Spooky, funny, or totally creative— one lucky winner will take home the prize. May the best ghoul win!

Join us for a Spooktacular Magic Show!

