Lake Club COMMUNICATOR The Lakes At ROCKY RIDGE





EDITOR'S NOTE

As we transition into September, the lingering warmth of summer begins to fade, making way for the crisp air and vibrant colors of fall. The change in weather brings a fresh energy to our community, and with it, the return of many beloved activities at the Lake Club.

We're excited to welcome back some of the programs that took a summer break. Bridge and church services will resume this month, so be sure to check the calendar for specific dates.

We are thrilled to announce that on Saturday, September 7th, the Fifth Avenue Jewelery vendor will be visiting the Lake Club Activity Room. It's the perfect opportunity to browse their stunning jewelery collections and maybe find a new favourite piece.

Our Hatha Yoga class is also starting again on Wednesday, September 18th in the evening. This pre-paid class, led by a certified yoga instructor, has been a staple in our community for several years. If you're interested in joining the fall session, please contact the Lake Club office for more details on how to sign up.

The HOA Board has been hard at work reviewing the many suggestion slips we've received recently. We truly appreciate the input from our community members. Please bear with us as the Board carefully considers each suggestion. You can stay updated on the progress through the Board reports in our newsletter and by checking the HOA meeting minutes available on our website.

We're also pleased to highlight the efforts of the Pavilions Knit Wits Ladies Social group, a wonderful gathering of resident ladies who meet every Wednesday at 2pm in the Games Room. While they enjoy catching up on the latest community news, they're also dedicated to knitting toques for those in need. Over the years, they have donated thousands of hats to various charities, and now they're organizing a Knit Wits Fundraiser Event to support their cause. More details on this event will be shared soon, and we hope you'll join us in supporting their mission.

Looking ahead, our last Garage Sale in the spring was a huge success, and due to popular demand, we're already planning another **Community Garage Sale** for Saturday, October 5th in the Activity Room. It's time to start sorting through your belongings and setting aside items you'd like to sell. If you're interested in participating, please email the Lake Club office to reserve your table. This time, we're also introducing a donation table for residents who wish to donate their items rather than sell them. Keep an eye out for the event poster with more details on how you can get involved.

Please note that **Spanish classes** will be paused in September, with plans to resume in October. Additionally, the Lake Club office will be closed from September 1st to September 17th.

Enjoy the last days of summer!

Branka





The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW



Talk about the Knit-Wits!



We are a few senior ladies, residents in the Pavilions, who gather to chat and knit, knit, knit. We've been doing this, in one form or another, for approximately 12 years.

Over the years residents have noticed we knit and often gave us yarn donations – yarn they found buried in their dens and closets, yarn stashed away by their mothers, grandmothers and aunts. To date our group has knit more than 11,000 toques, the majority of which have been gifted to homeless shelters in Calgary and some, especially children's toques, have been sent overseas.

Our group is very social and we love to chat and enjoy the company while we knit. If you reside in the Pavilions, are interested in knitting or just being social (no yarn or knitting needles required), we would love to welcome you to our group on Wednesday afternoons at 2:00 pm in the Games Room.

Keep an eye out, later in September, for our fundraiser posters, much like the one in this newsletter. Our stock of yarn is low and we will need funds to purchase more. We have an idea in which the community can assist us, while at the same time staying warmer this winter. More news to follow in September.



BOARD REPORT

The HOA Board of Directors thanks everyone who participated in and helped out with the Music in the Park event in August. It was a great social event even though it was cut short because of the weather. Special thanks to Branka for organizing the event for us. We look forward to the social events and activities planned for the Fall.

The board thanks Carol O'Brien who is leaving the Board of Directors this month. She has been serving on the board as the Manor representative for one year and we are very grateful for her service and contributions to the HOA. The structure and bylaws of the HOA require there be one director on the board that is appointed by the Manor to represent all of the residents in the Manor. We are seeking a volunteer to replace Carol, so if you are a Manor resident and would like to serve on the board with us, please let us know. In the meantime, Carmela Dixon from the Manor will be filling that position. We welcome Carmela to the board.

If you have any questions, concerns, suggestions or comments regarding the HOA, the Lake Club and any of our activities, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.



We are a small group of ladies, residents in the Pavilions, who knit toques for various organizations for people in need. To date we have donated more than 11,000 toques to local

and overseas charities/shelters.

To continue with this project we are dependant on DONATIONS OF YARN.

We are inviting our neighbors to support us in our current initiative.

If you wish to gift wool to this worthy cause, please contact : Mary Anne on 403-730-1859 or Anne on 403-803-7347 to arrange collection. Thank you!



Attention Community Members,

The Calgary Herald recently published an article detailing an unfortunate incident in

which a community member was confronted by a severely intoxicated individual while riding her e-bike in our neighborhood.

The article highlighted the growing concerns expressed by residents of Rocky Ridge and Royal Oak regarding the increasing presence of homeless encampments, open drug use, and incidents of intimidation within our community.

To address these pressing issues, The Journey Church in Rocky Ridge will be hosting a town hall meeting with local residents on September 5th at 7:00 PM. This meeting provides an important opportunity for you to voice your concerns and share your observations, therefore we strongly encourage all community members to attend.

Please read the article in its entirety and remain vigilant while out and about. If you witness any concerning behavior or incidents, please report them to the authorities immediately.

How to Report an Incident

Emergency Line: Call 9-1-1 for

emergencies or if a crime is in progress.

Non-Emergency Line: Call 403-266-1234 for all public safety matters and to report crimes that are not currently in progress.





Residents in far northwest angered over gatherings of homeless in their community

Concerns come after a 64-year-old woman said she was injured after being accosted by a severely intoxicated man while riding her ebike

Bill Kaufmann

Published Aug 16, 2024 · Last updated 4 days ago · 5 minute

☐ 115 Comments



Woman pictured on Friday, August 16 said she was accosted while riding her bike in Rocky Ridge, then fled a man as he tried to steal her bike on Aug. 14, 2024 DARREN MAKOWICHUK/Postmedia

Please scan the OR code to access the full Calgary Herald article.





Town Hall Meeting

Date and time: Thursday, September 5th at 7:00 PM

Location: **Journey Church** 10307 Eamon Road Calgary, AB T3G 5H2

(right beside the Tuscany LRT Station)

SCAN QR CODE To view online



SEPTEMBER MOVIES



All movies begin at 7 pm



Sept 7 — The Client (1994) with Susan Sarandon, Tommy Lee Jones, Brad Renfro

Rated PG-13 for a child in jeopardy and brief language

A young boy who witnessed the suicide of a mafia lawyer hires an attorney to protect him when the District Attorney tries to use him to take down a mob family.



Sept 14 — The Fall Guy (2024) with Ryan Gosling, Emily Blunt, Aaron Taylor-Johnson Rated PG-13 for action and violence, drug content and some strong language

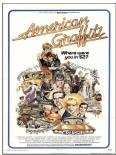
A stuntman, fresh off an almost careerending accident, has to track down a missing movie star, solve a conspiracy and try to win back the love of his life while still doing his day job. What could possibly go right?



Sept 21 — IF (2024) with Cailey Fleming, Ryan Reynolds, John Krasinski

Rated G for thematic elements and mild lan-

A young girl who goes through a difficult experience begins to see everyone's imaginary friends who have been left behind as their real -life friends have grown up.



Sept 28 — American Graffiti (1973) with Richard Dreyfuss, Ron Howard, Paul Le Mat Rated PG

A group of teenagers in California's central valley spend one final night after their 1962 high school graduation cruising the strip with their buddies before they pursue their varying goals.

Join the Movie Magic

Are you a movie buff or just love the smell of fresh popcorn? We're looking for enthusiastic volunteers to join our Movie Committee! Interested? For more information, please send an email to <u>lakesatrrhoa@gmail.com</u>



ONGOING ACTIVITIES

The Lake Club is a vibrant community offering a wide range of clubs, activities, and exercise classes. Everyone is welcome!

Ladies Craft Group (Games Room)

Mondays at 10:30am, a group of ladies gathers to engage in knitting and crochet projects.

Yoga for Beginners (Theatre)

DVD sessions are played at 9:30am on Tuesdays and Thursdays.

Aerobics: Jane Fonda (Theatre)

DVD sessions are played at 9:30am on Mondays, Wednesdays, and Fridays.

Book Club (Theatre)The monthly Book Club meets on the 2nd Monday of every month at 7pm, bringing together reading enthusiasts.

Pavilions Knit Wits Ladies Social (Games Room) Every Wednesday at 2pm, Pavilions ladies meet to sociálize and knit. Knitted items are donated to various charities and shelters. All Pavilions residents are welcome.

Bridge (Activity Room)

Tuesdays and Thursdays at 7pm.

Walking Club (Lookout)

Thursdays at 6pm, a small group of community members gather for a delightful walk, exploring the neighbourhood together. No sign-up required.

Movies (Theatre)

Saturdays at 7pm. Snacks are provided, courtesy of the HOA.

Bingo (Activity Room)

Wednesdays at 1:30pm.

Board Games Night (Games Room)

Fridays at 7pm, residents gather in the Games Room for some friendly competition.

Spanish Lessons (Games Room) - on hold in September, will resume in October

Free Spanish lessons led by a native speaker. The group practices Spanish and explores the Latin culture. No signup required – everyone's welcome!

Jam Sessions (Theatre)

Bring your instrument of choice and join us every Tuesday at 7pm for a lively jam session with fellow music enthusiasts.

Church Services (Theatre)

Catholic Communion: 2nd Thursday at 11am St. Thomas United Church: 3rd Wednesday at 11am Catholic Mass: 4th Thursday at 11am

Seamstress Ona

Once a month, a seamstress visits the Lake Club at 2:30pm in the Board Room. If you need any alterations, feel free to drop by. Check the calendar for dates.

Hatha Yoga Class (Activity Room)

Wednesdays from 7pm to 8:15pm. This is a pre-paid class that requirés registration.

For more information please contact the Lake Club office at 587 349 1338 or email activity.lakeclub@outlook.com.

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	9:30am Aerobics DVD (T)	9:30am Yoga DVD (T) 10:30am	9:30am Aerobics DVD (T) 1:30pm Bingo (AR)	5 9:30am Yoga DVD (T) 6pm Walking Club	9:30am Aerobics DVD (T)	7 11am—3pm Vendor Visit: Fifth Avenue
	10:30am Ladies Craft Group (GR) LABOUR DAY	Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	2pm Pavilions Knit Wits Ladies Social (GR)	(Lookout) 7pm Bridge (AR)	7pm Board Games Night (GR)	Jewelery (AR) 7pm Movie (T): The Client
	9 9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR) 7pm Book Club (T)	10 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR)	9:30am Yoga DVD (T) 11am Catholic Communion (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	7pm Movie (T): The Fall Guy
5	9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR) Seamstress 2:30pm (BR)	17 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	7pm Movie (T):
2	9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR)	9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Jam Session (T) 7pm Bridge (AR)	9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Ladies Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up Required)	9:30am Yoga DVD (T) 11am Catholic Mass (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	9:30am Aerobics DVD (T) 7pm Board Games Night (GR)	7pm Movie (T): American Graffiti
	9:30am Aerobics DVD (T) 10:30am Ladies Craft Group (GR)					(T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room
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Fraud Prevention Presentation

Featuring Special Guests from Crime Stoppers,

RBC Bank, and Calgary Police!

Join us for an informative session on how to protect yourself and your loved ones from fraud.

Our special guests will share valuable tips and insights to help you stay safe.

Keep an eye out for the date and sign up ASAP. Limited spots available!



To sign up, please contact the Lake Club office at 587 349 1338 or Email: activity.lakeclub@outlook.com