

Lake Club COMMUNICATOR



EDITOR'S NOTE

Hope you are all enjoying the transition to spring and warmer weather as much as I am.

On Thursday, May 4th from 11am to 3pm we are hosting Personal Touch Fashions (Mobile Clothing Boutique) in the Activity room, so if you are in need of some new fashionable clothing then please come check out their items.

Please join us again for the Sound Bath & Energy Healing as this month we are treating you to two sessions, one on May 5th and another one on May 19th. Please be aware that due to logistical reasons we have moved the Sound Bath from the Theatre to the Activity room so feel free to bring your yoga mats, blankets, pillows and anything else you need to feel warm and comfortable.

On Friday, May 12th please join us for a fun card making workshop with our very own community member Vicki who will share her talent and creativity with all of us. Spots are limited for this free event so please sign up at your earliest convenience. See page 2 for details.

Mother's Day falls on Sunday, May 14th this year so we wanted to wish a Happy Mother's Day to all moms out there!

We are hosting a Calgary Police Service officer on Thursday, May 18th who will hold a special Scam and Fraud presentation at 1pm in the theatre. No one is immune to fraud so please remind your friends and neighbours, especially seniors who are most often targeted to attend this presentation. More on page 3.

Attention movie fans, our movie committee is looking for volunteers to join their team and participate in our monthly movie activities. If you can't volunteer but have suggestions for movies you would like to see, please contact the Lake Club office. For May's movies please see page 6. All trailers are available on our website.

Finally, we thank our volunteers who contributed and participated in making our Easter Egg Hunt a success. Your passion and energy are unmatched and I couldn't have done it without you!

Branka

Congratulations to our e-newsletter subscriber residing in Pavilions 2!

You will be contacted by the Lake Club office to collect your prize.

Would you like to participate in our monthly \$20 gift card draw? Subscribe to our e-newsletter NOW for a chance to win!

SCAN ME



SCAN QR CODE TO SIGN UP TO RECEIVE OUR NEWSLETTER ELECTRONICALLY.

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website
www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic
(587) 349-1338 | activity.lakeclub@shaw.ca
Office Hours: Monday—Thursday, 8am—1pm

HOA Board
lakesatrrhoa@gmail.com



Congratulations! • Happy Mother's Day! • Thank you! • Get Well Soon! • Happy Birthday! • Best Wishes! • Invitation •

Card making Workshop

With Vicki

Friday, May 12th 6:00 - 7:30 pm
Lake Club Activity room

Enjoy making unique hand made cards?

Need a beautiful card for Mother's Day, a special Happy Birthday, or a Thank you card?

Get creative and join us for this fun FREE guided workshop and learn about the art of professional card-making!



DESIGN YOUR VERY OWN CARD TO GIFT TO YOUR LOVED ONE!



SIGN UP NOW!

To register please email the Lake Club office at activity.lakeclub@shaw.ca or call 587-349-1338

Workshop open to adults and children 6+ years of age who MUST be accompanied by an adult. Class size is limited so hurry and sign up!
 Workshop materials and refreshments will be provided.

BOARD REPORT



The Board thanks all those that attended and helped make the Easter Egg Hunt a successful activity. We were pleased with such a great turn out.

With the nicer weather pickleball is back so join the team every Tuesday and Thursday at 10 am on the tennis court, contact the Lake Club office for more details.

Please remember to bring clean in-door shoes to wear in the fitness centre. This will preserve the matting on the floor and the equipment. We are finding dirt and small rocks damaging the gym equipment.

We have become aware of an increased number of fraud attempts in our community. In May we are bringing in a CPS officer for a presentation on Scams and Fraud, be sure to check the calendar, and please remind your friends and neighbours especially seniors to attend. Also be sure to sign-up for our e-newsletter to be included in our monthly gift card prize draw.

If you have any concerns, suggestions or comments regarding the HOA, please send them to lakesatrhoa@gmail.com or leave a message with your contact information at The Lake Club Office or phone 587-349-1338.

Personal Tough Fashions
Providing... Shopping Solutions For You

PLACE: Lake Club Activity room
DATE: Thursday, May 4th
TIME: 11 am — 3 pm

FOR MEN & WOMEN
SPECIALIZING IN SENIORS STYLES
- Affordable, easy care, comfortable clothing
- Convenient shopping from your home

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ATTENTION



SCAM ALERT



Did a family member recently call you because they were **arrested**?

Did a lawyer or police officer tell you to **withdraw cash** to pay a **loved one's bail**?

Were you told to put the **cash** in an envelope and wait for a **courier** to pick it up?



Fraudsters typically use stressful situations to convince you to give them money.

Due to an increased number of fraud attempts in our community we invite you to join us for a 30-minute presentation by a Calgary Police Service officer:

**Thursday, May 18th at 1:00 pm
Lake Club Theatre**

Knowledge is power.

Spread the word to help protect our community from falling victim.

If you have lost money or the scam is in progress, contact the Calgary Police Service at **403-266-1234**.

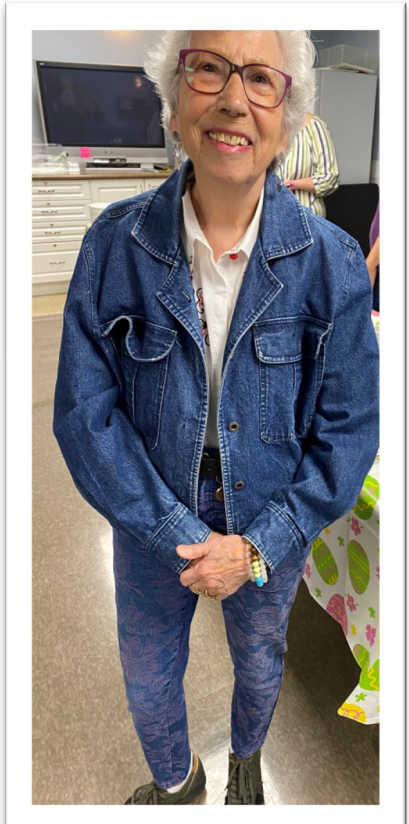
To report a scam in general, contact the Canadian Anti-Fraud Centre at **1-888-495-8501**.



EGG-CEPTIONAL EGG HUNT

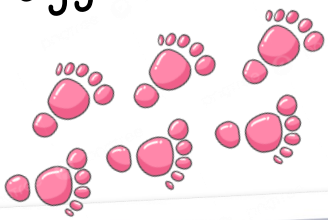


Thank you
for coming to our Easter
Egg Hunt Party in April!
We had a really good time
and hope you did too!





You made our Easter Eggstra special!



SCAN QR CODE
To view online



Lake Club Theatre May Movies

All movies begin at 7 pm



May 13 - Still Alice (2014)
PG-13 with Julianne Moore,
Alec Baldwin and Kristen
Stewart

A linguistics professor and her
family find their bonds tested
when she is diagnosed with
Alzheimer's Disease.



May 20 - Spirited Away (2001)
PG Animated with Daveigh
Chase and Suzanne Pleshette

During her family's move to
the suburbs, a sullen 10-year-
old girl wanders into a world
ruled by gods, witches and
spirits, a world where humans
are changed into beasts.

Do you have any suggestions for
movies you would like to see?
We would like to hear from you!
Please contact the Lake Club office
at 587 349 1338 or
email activity.lakeclub@shaw.ca



May 27—The First Wives
Club (1996)
PG With Goldie Hawn, Bette
Midler, Diane Keaton and
Maggie Smith




Reunited by the death of a
college friend, three divorced
women seek revenge on the
husbands who left them for
younger women.



**Volunteers are the lifeblood
of the Lake Club Theatre.**
We rely on them to keep our
theatre running and our theatre
could not continue to operate
without them. Helping out at
the theatre is so very easy and
a lot of FUN! Please consider
signing up and help make the
Lake Club Theatre the premiere
place to watch the best that
Hollywood has to offer!

MAY 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity Room	1 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	2 9:30am Yoga DVD (T) 10am Pickleball 7pm Bridge (AR)	3 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	4 9:30am Yoga DVD (T) 10am Pickleball Personal Touch Fashions 11am—3pm (AR) 7pm Bridge (AR)	5 9:30am Aerobics DVD (T) Sound Bath (AR) 6:30—7:45pm (Open Event) 	6 No Movie Scheduled
	7 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T)	8 9:30am Aerobics DVD (T) 10am Pickleball 7pm Bridge (AR)	9 9:30am Yoga DVD (T) 10am Pickleball 7pm Bridge (AR)	10 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	11 9:30am Yoga DVD (T) 10am Pickleball 11am Catholic Communion (T) 7pm Bridge (AR)	12 9:30am Aerobics DVD (T) Card Making Workshop 6—7:30 pm (AR) (Sign-up Required) 
MOTHER'S DAY	15 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	16 9:30am Yoga DVD (T) 10am Pickleball 7pm Bridge (AR)	17 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	18 9:30am Yoga DVD (T) 10am Pickleball 11am St. Thomas United Church (T) Calgary Police Service Presentation 1pm—1:45pm (T)	19 9:30am Aerobics DVD (T) Sound Bath (AR) 6:30—7:45 pm (Open Event) 	20 7pm Movie (T): Spirited Away
	21 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	22 9:30am Aerobics DVD (T) 10am Pickleball 7pm Bridge (AR)	23 9:30am Yoga DVD (T) 10am Pickleball 7pm Bridge (AR)	24 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	25 9:30am Yoga DVD (T) 10am Pickleball 11am Catholic Mass (T) 7pm Bridge (AR)	26 9:30am Aerobics DVD (T)
28	29 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	30 9:30am Yoga DVD (T) 10am Pickleball 7pm Bridge (AR)	31 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)			

E-Newsletter

Stay In Touch! Get Community News Delivered Directly to Your Inbox

Join our E-newsletter Distribution list
for a chance to be included in a
monthly \$20 gift card draw!

How to subscribe? It's easy!

Go to our website

www.thelakesatrockyridge.com

and click the "SUBSCRIBE" button

or

Visit or phone the Lake Club office at
587-349-1338 or send an email to

activity.lakeclub@shaw.ca

or

Scan QR code and sign-up online



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Gary Wade
Real Estate



Gary Wade
403-837-7878

YOUR LOCAL REAL ESTATE PROFESSIONAL




Because who knows your neighbourhood better than me?

As a long time resident of The Lakes At Rocky Ridge, I am exceedingly familiar with the many benefits this great community has to offer. If you are thinking of selling your home, or know someone who is, I would be pleased to assist. I will commit to giving 100% of my time and effort to sell your residence at the highest market value, or alternatively, to find you the perfect location to call home. Give me a call today for a **FREE HOME EVALUATION**.

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