

Lake Club COMMUNICATOR



EDITOR'S NOTE

Welcome to our December issue! With the first snowfall behind us, the neighbourhood is starting to feel wonderfully festive. December always brings a bit of magic, and there's plenty of it around the Lake Club and throughout our community.

In November, we hosted our **Holiday Vendors Market** and were thrilled with the turnout. We thank everyone who stopped by and supported our local vendors. For many, bringing the market to us is a pleasant experience, especially for those who can't make it to the markets across the city this time of year. Our vendors were fantastic, the atmosphere was warm and lively, and if you missed it, feel free to hop over to our Facebook page to see some photos from the event.

Our volunteer team has decorated the Lake Club for the season. If you've visited recently, you may have noticed we kept things simple and toned down this year. With a much smaller volunteer group, we had to scale back a bit and as it turns out, many of you have shared that you love the more minimal décor. Sometimes less truly is more. Be sure to stop by and take a look if you haven't already.

You may have also seen the outdoor trees lit up in three key areas of the neighbourhood. A huge thank you goes out to our HOA Board of Directors for putting in the work to make our community shine this holiday season!

You are invited to join us for a wellness presentation, **Healthy Living: Nutrition & Lifestyle**, on Tuesday, December 9th at 2pm. Our special guest speaker will share valuable insight into daily habits and choices that can support better health. Everyone is welcome, no sign-up is required, and we'll have some healthy (but very tasty) refreshments. See page 2 for more details.

Our annual **HOA Holiday Party** is coming up on Saturday, December 6th from 4–6pm at the Lake Club. Come enjoy festive food, live music, and a few surprises along the way. Mrs. Claus will also be joining us, so we encourage you to bring the kids for photos and gifts while you enjoy an evening of holiday cheer.

The Lake Club office will be closed from December 22nd to January 4th, reopening on January 5th. The hair salon will also be closed December 24th to January 1st and resume regular hours on January 2nd.

Wishing you all a warm and cheerful December, and very best wishes for 2026!

Branka

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website
www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic
(587) 349-1338 | activity.lakeclub@outlook.com
In-Office Hours: Monday & Tuesday 9am—2pm

HOA Board
lakesatrrhoa@gmail.com

Healthy Living: Nutrition & Lifestyle

Join us for an engaging presentation with a specialist in healthy nutrition and sustainable living. Learn practical, evidence-based recommendations on nutrition and lifestyle support to help you feel your best and create a balanced, healthier life.



SPEAKER

*Nour Nafisa,
Naturopathic Medical Graduate*

What You'll Learn:

- Nutrition fundamentals
- Understanding macronutrients
- How to build a balanced, healthy plate
- Reading and interpreting food and nutrition labels
- An overview of popular diets, with a focus on the Mediterranean diet
- Insights on intermittent fasting
- The role of movement and daily activity
- Sleep and stress management essentials
- Bringing it all together: creating a personalized metabolic health plan



**TUESDAY,
DECEMBER 9**



2:00 PM

Lake Club Theatre

All Welcome No Sign-up Required

COMMUNITY FEEDBACK WELCOMED



As we get closer to the end of the year, we're already looking ahead and starting to plan community events and activities for 2026. This is the time when we draft our line-up for the coming year, everything from the big signature events that draw larger crowds to smaller workshops and activities meant for more intimate groups.

If you have an idea for something you'd love to see us bring to life, now is the perfect time to share it! Maybe you've always wanted to try a pottery or macramé class. Maybe you'd enjoy more cultural heritage events that highlight different traditions. Or perhaps you'd prefer that we focus on larger community-wide events that get everyone together. If there's something we missed this past year or something you'd like us to add, we want to hear from you.

We appreciate all feedback, good or bad, so send us your thoughts, suggestions, or wish-list ideas. Drop a note in one of our suggestion boxes at the Lake Club, send us an email, or give us a call, we're always happy to chat. Our goal is to serve the community and organize activities you will enjoy and want to attend.

And if you have a hidden talent you'd like to share with your neighbours, please reach out! We love supporting local talent, and we're lucky to have plenty of it right here in our own community. Do you paint and want to teach a class? Are you great with languages and excited to share that skill? All ideas are welcome.

Finally, if you'd like to join our volunteer team, we'd absolutely love to have you. Just get in touch, and we'll take it from there!

Meet & Greet
MRS. CLAUS
 Saturday, December 6th
 4 - 6 PM
 at The Lake Club

DECEMBER IN CALGARY: FESTIVE FUN ALL AROUND!

Looking for something festive to do in December? Calgary's calendar is absolutely packed! The city is magical this time of year, twinkling lights everywhere, fun family outings, cozy markets, and so many seasonal activities that it's almost impossible to pick just one. Below is a list of some of the many events happening around the city this month.

Alberta Ballet — The Nutcracker

Traditional Nutcracker run in Calgary (performances December 12–24, 2025 at Southern Alberta Jubilee Auditorium).

Once Upon a Christmas/Christmas event at Heritage Park Family storytelling events, daytime activities and special dates across December weekends (multiple dates listed early–late December).

Enchanted Festival at Spruce Meadows/Spruce Meadows Holiday events Lights, decorated stables and festive programming on select weekends

Millarville Christmas Market — Large outdoor market with artisans and food, a staple for local vendors

Spruce Meadows Christmas Market/International Christmas Market — Indoor/outdoor vendor markets at Spruce Meadows on select weekends.

Inglewood Night Market — Several neighbourhood markets and pop-ups run through December

BMO Centre/Festival of Crafts Check schedule for December craft fairs

Santa visits & photos at many markets and malls — check individual market pages (Millarville, Spruce Markets, and community centres).

Family performances of The Nutcracker (children's matinees) Multiple matinees on weekends during the ballet run

Heritage Park Once Upon a Christmas — Weekend daytime story & activities for children (multiple dates December 6–23).

Theatre Calgary, Vertigo Theatre, and other local companies December programming includes seasonal shows, comedies and dramas, check each company for exact dates/ticketing

Calgary Philharmonic Seasonal Concerts — Orchestral holiday programs and Special seasonal experiences & dining
Holiday dinners — Fundraising gala events (Heritage Park & others), ticketed festive dinners and charitable events occur in early–mid December (watch community calendars for bookings).

Please double-check relevant websites for up-to-date details, hours, and ticket information.

BOARD REPORT

Season's greetings

The HOA Board of Directors wishes all community residents a joyous and safe winter holiday season. May you all be able to spend more time with your family and friends.

We look forward to seeing you at the upcoming HOA Holiday Party on Dec 6th. This is a great opportunity to meet and get to know more of your neighbours. Please plan to attend and invite a neighbour to come with you.

The Board is happy to report that the installation of the new winter decorative lights on the trees beside the sign at the lookout and behind both signs at the main entrance is complete, and the lights look great.

The Board approved the new budget for next year, which includes no increase in HOA fees. A budget package was emailed out to all unit owners that Alex had email addresses for. To save the cost of copying and postage, we are only going to send out paper copies of the package on request. If you would like to receive a paper copy of the budget package, email a request to alex@divsouth.com and we will send you one.

If you have any questions, concerns, suggestions, or comments regarding the HOA, the Lake Club, and any of our activities, please send them directly to the Board of Directors at lakesatrhoa@gmail.com.



Festive Balloon Arch



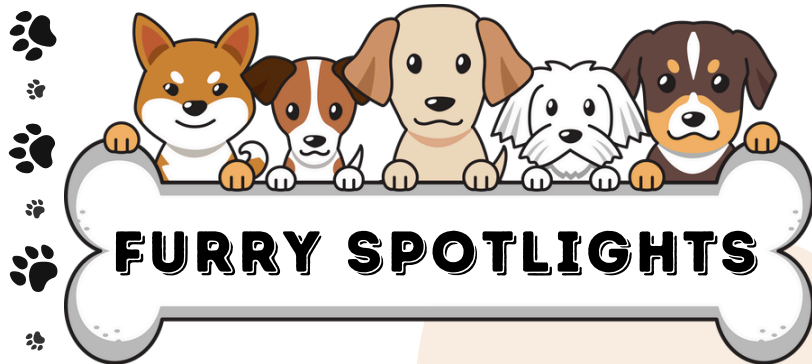
Lake Club Christmas Tree



Twinkling lights at the Lookout

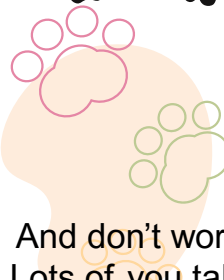


Festive touches around the Lake Club



A resident recently popped into the office with a fantastic idea to highlight our beloved pets throughout the community.

The goal is simple, let's get to know the neighbourhood pets by name so when we see them out and about, we can say hi... or sneak in a quick cuddle or ear scratch (with the owner's permission, of course!).



And don't worry, this isn't just for dogs. Lots of you take your adorable cats out for little adventures too.

All pets are welcome!

Got a sweet, goofy, cuddly, or ridiculously charming furball at home? We want to meet them! Send us a photo and a short blurb, and your furry friend might be featured in our next newsletter!





CRAFTING KINDNESS

We need your help!



A Community
Collaboration with the
Arthur J.E. Child
Cancer Centre

The Lakes at Rocky Ridge HOA has partnered with the AHS Volunteer Resources team at the Arthur J.E. Child Cancer Centre in Calgary. Their volunteers are currently in need of handmade comfort items for patients, so we're hoping our caring community can provide helping hands through crafting.

If you knit, crochet, or sew, we'd love for you to take part in this initiative. These handmade pieces bring comfort, warmth, and calm to patients during vulnerable moments. This simple gesture means more than one could imagine.



NOT A CRAFTER?

You can still play an important role!

Please help us spread the word, share this initiative with friends, family, or anyone you know who enjoys crafting. Feel free to pass along this poster or share it on your social media.

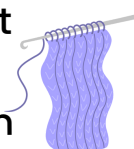
We're hoping to reach not just within our community, but anyone beyond it who may want to join in.



We are accepting donations to support this cause, especially soft, clean yarn and crafting supplies. These contributions help us bring even more makers on board!

Most Needed Items

- Adult Hats
- Adult Mittens
- Sewn Lap Quilt
- Knitted or Crocheted Lap Blanket
- Fidget Mat
- Tote Bag
- Twiddle Muffs
- Sewn Twin Quilt
- Knitted or Crocheted Twin Blanket
- Eye Mask
- Chemo Hat



LET'S SPREAD A LITTLE COMFORT WHERE IT'S TRULY NEEDED.

For more information or to arrange a drop-off, please contact our office:

The Lakes at Rocky Ridge HOA
450 Rocky Vista Gardens NW,
Calgary, T3G 5Y7



587 349 1338



activity.lakeclub@outlook.com

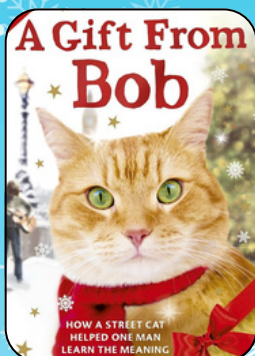
SCAN ME!



December MOVIES



SATURDAYS AT 7PM LAKE CLUB THEATRE



December 6 — A Gift From Bob (2020) with Bob the Cat, Luke Treadaway, Ella Jarvis

Not Rated (1h 32m)

A struggling street musician finds himself the target of an animal welfare investigation that threatens to take away his beloved cat at Christmas.

Family Movie



December 13 — Mirror Mirror (2012) with Julia Roberts, Lily Collins, Armie Hammer

Rated PG for some fantasy action and mild rude humor (1h 46m)

An evil queen steals control of a kingdom and an exiled princess enlists the help of seven resourceful rebels to win back her birthright.



December 20 — The Man Who Invented Christmas (2017) with Dan Stevens, Mark Schrier, Patrick Joseph Byrnes

Rated PG for thematic elements and some mild language (1h 44m)

The journey that led to Charles Dickens' creation of "A Christmas Carol," a timeless tale that would redefine Christmas.



December 27 — Little Women (1994) with Winona Ryder, Gabriel Byrne, Trini Alvarado

Rated PG for two uses of mild language (1h 55m)

Jo struggles for independence and sometimes clashes with her beloved mother and sisters Meg, Amy and Beth. She also contends with their cranky Aunt March, their impulsive neighbour Laurie and kindly linguistics professor Friedrich Bhaer.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Theatre (T) Games Room (GR) Activity Room (AR) Board Room (BR)	1 9:30am Aerobics DVD (T)	2 9:30am Yoga DVD (T) 7pm Bridge (AR)	3 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	4 9:30am Yoga DVD (T) 7pm Bridge (AR)	5 9:30am Aerobics DVD (T) 7pm Game Night (GR)	 <i>Holiday</i> PARTY 4—6 pm (Lake Club) 7pm Movie (T): A Gift from Bob
7 10:30am Summit View United Church Sunday Service Livestream (T)	8 9:30am Aerobics DVD (T) 7pm Book Club (T) (Drop-ins Welcome)	9 9:30am Yoga DVD (T) Presentation Healthy Living: Nutrition & Lifestyle 2 pm (T) 7pm Bridge (AR)	10 9:30am Aerobics DVD (T) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	11 9:30am Yoga DVD (T) 11am Catholic Communion (T) 7pm Bridge (AR)	12 9:30am Aerobics DVD (T) 7pm Game Night (GR)	13 7pm Movie (T): Mirror Mirror
14 10:30am Summit View United Church Sunday Service Livestream (T)	15 9:30am Aerobics DVD (T)	16 9:30am Yoga DVD (T) 7pm Bridge (AR)	17 9:30am Aerobics DVD (AR) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	18 9:30am Yoga DVD (T) 7pm Bridge (AR)	19 9:30am Aerobics DVD (T) 7pm Game Night (GR)	20 7pm Movie (T): The Man Who Invented Christmas
21 10:30am Summit View United Church Sunday Service Livestream (T)	22 9:30am Aerobics DVD (T)	23 9:30am Yoga DVD (T) 7pm Bridge (AR)	24 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) CHRISTMAS EVE	25 9:30am Yoga DVD (T) 7pm Bridge (AR) 	26 9:30am Aerobics DVD (T) 7pm Game Night (GR) BOXING DAY	27 7pm Family Movie (T): Little Women
28 10:30am Summit View United Church Sunday Service Livestream (T)	29 9:30am Aerobics DVD (T)	30 9:30am Yoga DVD (T) 7pm Bridge (AR)	31 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) 			



Holiday Party

SAT, DEC 6 | 4 - 6 PM
AT THE LAKE CLUB

Celebrate the season with us!
Gather for festive food, sweet
treats, and plenty of holiday spirit,
with a special visit from Mrs. Claus!