

Lake Club COMMUNICATOR



EDITOR'S NOTE

Calgary has once again proven its worth by securing the 7th spot in the coveted list of the most livable cities on Earth in 2023. This remarkable achievement is a testament to the many qualities that make Calgary an exceptional place to call home!

As July rolls around, the city of Calgary transforms into a hub of excitement and festivity. This is primarily due to the world-famous Calgary Stampede, an annual event that attracts visitors from all corners of the globe. The Stampede, often referred to as "The Greatest Outdoor Show on Earth," offers an array of exhilarating activities, such as rodeo competitions, live music performances, thrilling amusement park rides, and mouthwatering food options. It truly is a one-of-a-kind experience that showcases the vibrant spirit and rich heritage of our community.

July in Calgary brings with it pleasant warm weather, providing the perfect backdrop for outdoor activities. The city's picturesque parks and green spaces become inviting havens for picnics, leisurely walks, and outdoor workouts. The abundance of sunshine and clear skies encourages residents to explore the city's natural beauty, from the tranquil Bow River pathway to the breathtaking views atop the Calgary Tower. It's the ideal time to soak up the sun and embrace the joy of summer.

If you are looking to make the most of the beautiful weather and engage in a healthy and social activity, we invite you to join our Walking Club. Whether you prefer a leisurely stroll or a brisk power-walk, our club accommodates all fitness levels. Walking not only promotes physical well-being but also provides an avenue to connect with fellow community members and build lasting friendships.

As we embark on another exciting July in Calgary, let us take a moment to appreciate the privilege of living in this beautiful city we are fortunate to call home. Wishing everyone a fantastic July filled with joy, celebration, and unforgettable experiences!

Branka

Congratulations to our e-newsletter subscriber residing in Georgetowns!
You will be contacted by the Lake Club office to collect your prize.
Would you like to participate in our monthly \$20 gift card draw? Subscribe to our e-newsletter NOW for a chance to win!



BOARD REPORT

The Board hopes you are continuing to enjoy the wonderful summer weather we are having.

Our next Annual General Meeting will take place in August and we invite you to attend this meeting and consider running for a position on the Lakes at Rocky Ridge HOA Board of Directors. If you are interested in helping to make the Lake Club facilities and activities even better than they are now then please consider joining us. You can learn more about the HOA and the Board on our website:

<https://www.thelakesatrockyridge.com/hoa-association>

We are also looking for more volunteers to help with the movie committee. This is a small group of volunteers that selects and screens the movies in the theatre for members of the HOA on weekends.

There are other opportunities to get involved and contribute to our community. Many of those will be described in this newsletter.

If you have any concerns, suggestions or comments regarding the HOA, please send them to the Board at lakesatrrhoa@gmail.com or leave a message with your contact information at The Lake Club Office or phone 587-349-1338.



Community Pickleball



The HOA has purchased a pickleball net, paddles and balls for use by Lakes at Rocky Ridge Community members on the tennis courts that border our community and we have implemented a reservation system for those who wish to use this equipment.

Pickleball equipment MUST be reserved via the home page of our website: www.thelakesatrockyridge.com

- Equipment can be booked for 2 hours at a time.
- Equipment is stored in a bag in the Gym (alongside the shelving unit as you enter the Gym). Equipment can be collected here and should be returned to this location before your 2-hour time slot is up so that it is available for others.
- These bookings are for HOA pickleball equipment only. The tennis courts cannot be reserved and are available on a first-come-first-served basis. The City of Calgary owns and operates the tennis courts and their rules are posted on the tennis court enclosure. Playing time is not guaranteed, however if a group is using the court, they have 30 minutes to finish their game. The Lakes at Rocky Ridge HOA is not responsible for any communication with the City of Calgary should any disputes arise.
- The HOA asks that you be respectful of the pickleball equipment and return it in the condition you find it in. If you do notice any damage, or wear and tear that requires attention, please notify the Lake Club Manager (activity.lakeclub@shaw.ca).
- The equipment is for use by HOA members and their families and friends only.
- The HOA is not responsible for any injury or accident that may occur as a result of the use of the pickleball net, paddles and balls.

Community Pickleball Group

A group from the community meet weekly on Tuesdays at 10:30 am to play at the tennis court. Drop by to join in a game, or e-mail activity.lakeclub@shaw.ca if you wish to be connected with these players.

VOLUNTEERS NEEDED



Are you a movie enthusiast who enjoys watching and discussing films? Do you want to play a part in bringing the joy of cinema to your community?

If so, we're inviting you to join our Movie Committee! We are looking for passionate volunteers who can help us select the best movie titles each month and organize community screenings on Saturday evenings. Read on to learn more about this exciting opportunity and how you can get involved.

Role of Volunteers:

As a member of our Movie Committee, you will have the chance to actively participate in the selection and screening process. Your main responsibilities will include:

1. Movie Title Selection:

Each month, the committee will choose the movie titles that will be screened for the community. This involves researching, discussing, and voting on a variety of genres, themes, and recommendations. Your input will play a crucial role in determining the movies that our community gets to enjoy.

2. Screening Movies:

Once the movie titles are finalized, the committee will organize weekly screenings on Saturday evenings. As a committee member, you will be responsible for screening one to two movies per month. This will involve setting up the necessary equipment, and ensuring a smooth experience for the audience.

3. Full training will be provided to volunteers ensuring proper and safe use of all theatre equipment.

Time Commitment:

We understand that everyone has different schedules and commitments. Therefore, we have designed this volunteering opportunity to be flexible and accommodating. On average, each committee member can expect to dedicate approximately 2 hours per month to their movie screening duties. This ensures that you can easily fit your volunteering responsibilities into your busy lifestyle.

By dedicating just a few hours each month, you can help shape the movie choices for our community and bring the joy of cinema to our Saturday evenings. Together, let's create unforgettable movie experiences for all! To sign up or learn more, please contact the Lake Club Office at 587-349-1338 or email activity.lakeclub@shaw.ca



In June, we had the pleasure of hosting the students of Mount Royal University Conservatory Suzuki Program for a Piano Recital in the Lake Club Theatre.

The event was well attended, the atmosphere in the theatre was filled with anticipation and excitement as the students took their places on stage, ready to showcase their skills and hard work!

The recital served as a testament to the dedication and commitment of the students, as well as the support and guidance provided by their teachers. We were honored to have been part of this special event, and we look forward to future opportunities in supporting and showcasing the incredible talents of young musicians in our community.

Keep Your Home Safe and Secure While on Vacation



Going on vacation is an exciting time, but it's important to ensure the safety and security of your home while you're away. By taking a few precautionary measures, you can have peace of mind and enjoy a worry-free holiday. Here are some essential tips to keep your home safe and secure while you're on vacation.

1. Notify Trusted Neighbours or Friends:

Informing your trusted neighbours or friends about your vacation plans is a crucial step. They can keep an eye on your property, collect your mail, and make your home appear occupied by occasionally opening and closing curtains or blinds. By having someone you trust look after your home, you reduce the risk of potential burglaries.

2. Don't Broadcast Your Absence:

Avoid sharing your vacation plans on social media or publicly announcing your absence. Broadcasting your absence can expose your home to potential burglars who might take advantage of the opportunity. Instead, share your vacation experiences and photos after you return.

3. Install and Use Timers for Lights:

Investing in timers for your indoor and outdoor lights can create the illusion that someone is home, even when you're away. Set the timers to turn on and off at different times throughout the day, simulating your normal routines. This simple trick can deter burglars and make them think twice before attempting a break-in.

4. Suspend Regular Deliveries:

Temporarily suspend regular deliveries, such as newspapers or grocery services. A buildup of uncollected deliveries can signal that no one is home.

5. Utilize a Home Security System:

Installing a home security system is an effective way to protect your home. Opt for a system that includes surveillance cameras, motion sensors, and an alarm system. Place visible signs indicating that your property is monitored to deter potential intruders. Additionally, consider installing a video doorbell to monitor who comes to your doorstep.

6. Secure Your Doors and Windows:

Before leaving for your vacation, double-check that all doors and windows are securely locked. Reinforce weak points by installing deadbolts, window locks, and security bars if necessary.

7. Set Up Remote Monitoring:

Modern technology allows you to remotely monitor your home's security. Install a mobile app that connects to your home security system, allowing you to check camera feeds, receive alerts, and even control certain aspects of your home while you're away. This gives you real-time information and control over your home's security, no matter where you are.

8. Secure Valuables and Important Documents:

Before leaving, store your valuable items, such as jewelry, important documents, and irreplaceable items, in a safe or a secure off-site location. This provides an extra layer of protection against theft or damage.

Remember, investing a little time and effort in security measures can go a long way in ensuring the safety of your home while you're away.

ANDRÉ RIEU
AND HIS JOHANN STRAUSS ORCHESTRA
In Vienna
Sunday, July 23 at 7pm
Lake Club Theatre
CONCERT SERIES

HELLO NEIGHBOUR!

Let's connect!



With the arrival of summer, we have a wonderful opportunity to bring our community members closer together. We understand that many of you might be interested in finding like-minded individuals to share your hobbies and activities with. Whether you're a tennis enthusiast, a chess or backgammon player, or someone who enjoys exploring the neighbourhood by foot, we are here to assist you in connecting with others who share your interests.

If you're in need of a tennis or ping pong buddy, we can help you find someone who is equally passionate about these sports. Imagine the fun and excitement of playing matches and improving your skills alongside a fellow enthusiast. You can form new friendships while enjoying the game you love!

For those who enjoy other challenges, we can facilitate connections with individuals who are interested in playing Chess, Backgammon or Scrabble. Engaging in these strategic board games can be a great way to unwind, stimulate your mind, and build lasting friendships with fellow players.



Are you a mom with small children and looking for a mom friend to organize kids playtime? Look no further! We can help you find the perfect mom friend who understands the joys and challenges of raising little ones. Whether you're seeking someone to arrange playdates, share parenting tips, or simply enjoy some adult conversation while the kids play, we've got you covered.

If you're a dog owner in need of some company during your daily walks, we can try connecting you with fellow dog lovers in your area. Walking your dogs with a friend can make the experience more enjoyable and ensure that your furry companions get the exercise and socialization they need.

Language and culture are beautiful bridges that connect people from all walks of life. Whether you are a language enthusiast looking to expand your knowledge or a native English speaker eager to help others improve their skills, there are countless opportunities to engage in casual conversations. So, don't miss out on the opportunity to connect with others!



No matter what your interests may be, we are committed to assisting you in connecting with like-minded individuals within our community.

Contact the Lake Club office at 587-349-1338 or email activity.lakeclub@shaw.ca to let us know your preferences, and we'll do our best to connect you with someone who shares your interests. Together, we can foster a sense of belonging and create a supportive and engaging community.



Walking Club

Welcome to our community's newest initiative - the Walking Club! If you have been looking for a fun and engaging way to get out and enjoy the beautiful summer months, this is the perfect opportunity for you. The Walking Club is a fantastic way to stay active and connect with fellow community members.

To participate please meet every Thursday at 6pm at the Lookout which is conveniently located around the centre of our community. In the event of bad weather the scheduled event will be cancelled.



The Lookout is located at the corner of Rocky Vista Park NW and Rocky Vista Drive NW.

SCAN QR CODE

To view online



Lake Club Theatre July Movies

All movies begin at 7 pm



July 1 — The Walk (2015) with Joseph Gordon-Levitt, Charlotte Le Bon, Guillaume Baillargeon

Rated PG for thematic elements involving perilous situations, and for some nudity, language, brief drug references and smoking.

In 1974, high-wire artist Philippe Petit recruits a team of people to help him realize his dream: to walk the immense void between the World Trade Center towers.



July 8 — The Birdcage (1996) with Robin Williams, Nathan Lane, Gene Hackman

Rated R for language.

A gay cabaret owner and his drag queen companion agree to put up a false straight front so that their son can introduce them to his fiancée's right-



July 15—Avatar: The Way of Water (2022) with Sam Worthington, Zoe Saldana, Sigourney Weaver

Rated PG for sequences of strong violence and intense action, partial nudity and some strong language.

Jake Sully lives with his newfound family formed on the extrasolar moon Pandora. Once a familiar threat returns to finish what was previously started, Jake must work with Neytiri and the army of the Na'vi race to protect their home.



July 22—The Good House (2021) with Sigourney Weaver, Kevin Kline, Morena Baccarin

Rated R for brief sexuality and language.

Life for New England realtor Hildy Good begins to unravel when she hooks up with an old flame of hers from New York. Based on Ann Leary's 'The Good House.'



July 23—André Rieu in Vienna (Concert)
Not Rated

Dutch star violinist André Rieu performs with his orchestra at Saint Michael Square in Vienna, Austria.



July 29—The Spiderwick Chronicles (2008) with Freddie Highmore, Sarah Bolger, David Strathairn

Rated PG for scary creature action and violence, peril and some thematic elements.

Upon moving into the run-down Spiderwick Estate with their mother, twin brothers Jared and Simon Grace, along with their sister Malory, find themselves pulled into an alternate world full of faeries and other creatures.



JULY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity						1 7pm Movie (T): The Walk
2	3 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	4 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Bridge (AR)	5 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR)	6 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	7 9:30am Aerobics DVD (T)	8 7pm Movie (T): The Birdcage
9	10 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T)	11 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Bridge (AR)	12 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	13 9:30am Yoga DVD (T) 11am Catholic Communion (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	14 9:30am Aerobics DVD (T)	15 7pm Movie (T): Avatar: The Way of Water
16	17 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	18 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Bridge (AR)	19 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	20 9:30am Yoga DVD (T) 11am St. Thomas United Church (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	21 9:30am Aerobics DVD (T)	22 7pm Movie (T): The Good House
23 7pm (T) CONCERT SERIES: André Rieu in Vienna	24 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	25 9:30am Yoga DVD (T) 10:30am Community Pickleball (Tennis Courts) 7pm Bridge (AR)	26 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR) (Pre-register)	27 9:30am Yoga DVD (T) 11am Catholic Mass (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	28 9:30am Aerobics DVD (T) Sound Bath (AR) 6:30—7:45pm (Open Event)	29 7pm Movie (T): The Spiderwick Chronicles
30	31 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)					



Sound Bath



Dates for 2023:

- Friday, July 28th
- Friday, August 25th
- Friday, September 29th
- Friday, October 13th
- Friday, October 27th
- Friday, November 10th

Sound Bath Healing may help with anxiety, chronic stress, sadness, emotions release, meditation, focus, concentration, and happier approach with ourselves!

Please bring your own yoga mat & warm blanket for relaxation.

Time: 6:30 pm—7:45 pm
 Lake Club
 Activity room

Energy Balancing Meditation

This event is open to everyone, so please feel free to bring your friends and family along. For more information please call the Lake Club office at 587-349-1338 or email activity.lakeclub@shaw.ca

Your Success is My Success



SELLING REAL ESTATE IS ALL ABOUT TIMING

While Calgary's housing inventory levels have somewhat improved, they still remain at exceptionally low levels. Higher interest rates have had an impact on sales activity, however, the market is still experiencing a significant shortage of new listings. Because of the limited supply, stronger-than-expected monthly price gains have occurred. With a very robust sales-to-listings ratio, combined with a shortage of inventory, the market has struggled to move into a balanced territory, causing further upward pressure on home prices. Historically, listings tend to increase in the spring months, so in order to take advantage of this strong seller's market, it is time to take action. Contact me today for a FREE HOME EVALUATION!




Gary Wade
 Real Estate
 403-837-7878

DEDICATED TO RESULTS

Having lived in Calgary since 1976, and having sold real estate since 1978, my local market knowledge is unparalleled. Throughout my career, I have been involved in over 1600 real estate transactions, many of which are repeat clientele and previous client referrals. I have an extensive amount of experience in all sectors of the residential market, beginning with properties priced for the budget minded, all the way up to multi-million dollar luxury residences.




NOBODY DOES IT BETTER

Whether you, or someone you know, is in the market to buy or sell real estate, I would be extremely grateful for your support.

Scan QR Code with phone camera to search all MLS listings



Contact information:

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