

Lake Club

December 2021



COMMUNICATOR

Merry & Bright

EDITOR'S NOTE

I found myself singing along to Christmas music in the store a few weeks back.

Realising the absurdity of this, I stopped, thinking "It's not Christmas yet! We still have a few weeks to go until its December even!" But Christmas music is infectious and no matter how hard you try you just cannot stop yourself from singing along.

I feel like Christmas has arrived earlier than usual this year with the music, the twinkling lights and tastes and smells of cinnamon, peppermint and more. With the year that we have had, we do all need something positive to cling to and what better way to lift our spirits than to embrace the spirit of Christmas!

Christmas is a holiday when people and communities focus on being compassionate, generous, and caring towards strangers, as well as family and friends. During the holiday season, there is a magic in the air that beckons us to be kind and express gratitude towards our fellow man.

As you prepare for your holiday festivities, I hope that the magic envelops you and that you enjoy an abundance of kindness, gratitude, peace, love and happiness this holiday season.

*Happy Holidays,
Caroline*

The Lake Club Office will be closed between Christmas and New Year from December 23 to January 3.

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW.

Website
www.thelakesatrockyridge.com

Lake Club Manager: Caroline Pulford
(587) 349-1338 / activity.lakeclub@shaw.ca
Office Hours: Monday—Thursday, 8am—1pm

HOA Board
lakesatrrhoa@gmail.com



Thank you to our volunteers who helped with the outdoor Christmas decorating once again this year. Our community Reindeer looks amazing with his new solar-powered lights!



Always a wonderful time at the Ladies Social Group, particularly when Mrs Claus pays a visit!

BOARD REPORT

Season Greetings Lake Club Members!

It's hard to believe that another festive season is among us. As well, we have some wonderful things planned for you, such as Grinch Tree Making and the beginnings of some new programs. The Lake Club Manager, Caroline, has provided details in her report. Thank you to everyone who helped decorate the community on November 28th.

We have heard your comments and feedback about the accessibility to the Lake Club when Caroline and/or a volunteer are not present. The Board has installed access code locks on both the Gym and the Games Room/Library doors. Once you have provided your QR code proof of vaccination and ID and signed a waiver with Caroline the access code will be provided to you. Any breach or sharing of this code with other members may result in a removal of this privilege.

As we draw to the end of 2021, we have started the planning of events and programs for 2022. The financial budget was also approved at the November Board Meeting. We look forward to a new year and memories created as a community.

From our families to yours, we wish you a joyous holiday season and all of the best in 2022!

Your HOA Board of Directors



NEW ACCESS SYSTEM FOR FULLY VACCINATED HOA MEMBERS



A new system has been introduced to enable fully vaccinated members to access the Gym and/or Library/Games Room during regular hours of Monday through Sunday, 5am to 11pm.

STEPS TO GAIN FULL ACCESS

1. Complete / sign the **Lake Club Keycode Waiver** Available at www.thelakesatrockyridge.com, or printed copies available in the Lake Club Foyer.
2. Provide in-person **proof of vaccination and ID** to Lake Club Manager during office hours. If your vaccination status/ID have already been verified then you need only sign and return the waiver.
3. Attain access code for use on the keypad entry lock on either the Gym door and/or Library/Games Room door (The access code is for your personal use only and no other members within your household or within the community are entitled to make use of the code. Any contravention to this agreement may result in the HOA revoking your access privileges to the Lake Club).

This new honour system enables us to operate within the confines of current restrictions and we trust that you will act with integrity and respect the use of the access code and the Gym and Library/Games Room.

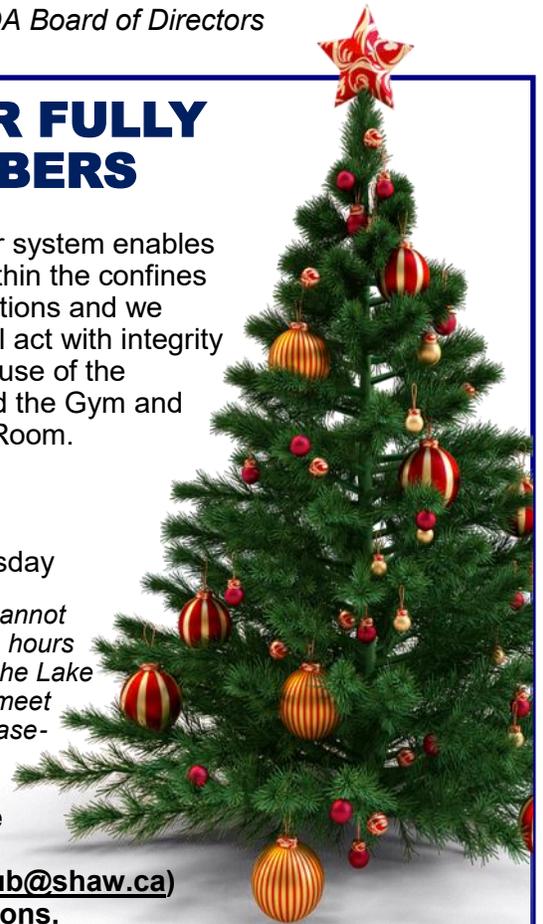
Office Hours

8am—1pm
Monday to Thursday

Any person who cannot meet during these hours can arrange with the Lake Club Manager to meet after hours on a case-by-case basis.

E-mail the Lake Club Manager

activity.lakeclub@shaw.ca
with any questions.





GRINCH Tree Making Workshop

We've had such an overwhelming response to the Grinch Tree Making Workshops scheduled for December 7th and 13th that we've added a 3rd session. Space is limited due to capacity restrictions so sign up quickly if you're interested!



Wear your Ugly Christmas Sweater, Silly Holiday Hat, or both, and get in the Holiday Spirit making your very own Grinch Tree, with all materials and instruction provided by North West Florist.

**Tuesday, December 7th
5pm—6:30pm
Lake Club Activity Room.**

**Sign up at
www.thelakesatrockyridge.com
or in person with Caroline
in the Lake Club
(Mon—Thurs, 8am—1pm).**

Other Sessions: December 7 @ 7pm
& December 13 @ 5:30pm



COMMUNITY LIBRARY
According to Mari Barnes, "*libraries are sacred time machines where knowledge flows and magic is eternal*". Come and experience this magic in the Lake Club library.
Volunteers, Bill and Winnie Silvester, have devoted a number of hours to carefully alphabetising all books, removing unnecessary duplicates and separating out non-fiction titles into a designated section. Thank you Bill and Winnie for taking on this responsibility!
We're sure you'll find something for your reading pleasure amongst the vast selection of titles. Bring your proof of vaccination, ID, and completed waiver to the Lake Club Manager during office hours to gain unlimited access.
The DVDs in our library have waned in popularity and we'll be retiring the collection early next year so if you're interested in any DVDs on the shelves at the back of the library we invite you to help your self to any titles that appeal to you.



Peace, Love & Cookies

An in person cookie exchange might not be suitable again this year due to the current restrictions, but you can still have some fun with this tradition by arranging a virtual cookie baking swap, or better yet a neighborhood cookie drop-off.

Martha Stewart has some wonderful tips for hosting a virtual exchange on her website (www.marthastewart.com), from picking a theme and putting together a playlist to incorporating some activities to make it a fun event.

A neighborhood cookie exchange is an easy way to connect with your friends and neighbours locally! Gather an assortment of your favourite cookies and style them on a decorative plate. You can also bake your own cookies and brownies for a special homemade touch. Include a personalised ornament and gift tag to wish them happy holidays. Lastly, drop the plate on their doorstep and message them or knock three times to let them know you left them something sweet!

An alternative for friends and family further afield is to mail a box or basket full of cookies to brighten their season over the distance. A quick Google search will bring up a list of Calgary companies that can arrange a cookie bouquet for you.

Cookie exchanges are a festive and delicious way to spread the holiday spirit. Just don't forget to save a cookie or two for yourself!



Chocolate Thumbprint Cookies
(www.tasteofhome.com)

Ingredients

- 1/2 cup butter, softened
- 2/3 cup sugar
- 1 large egg, separated, room temperature
- 2 tablespoons whole milk
- 1 teaspoon vanilla extract
- 1 cup all-purpose flour
- 1/3 cup baking cocoa
- 1/4 teaspoon salt
- 1 cup finely chopped walnuts

Filling:

- 1/2 cup confectioners' sugar
- 1 tablespoon butter, softened
- 2 teaspoons whole milk
- 1/4 teaspoon vanilla extract
- 24 milk chocolate kisses

Directions

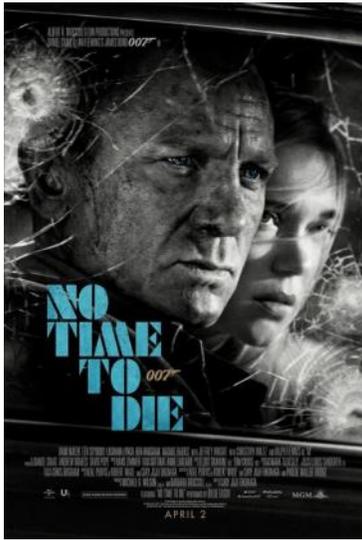
1. In a large bowl, cream butter and sugar until light and fluffy. Beat in the egg yolk, milk and vanilla. Combine the flour, cocoa and salt; gradually add to creamed mixture and mix well. Cover and refrigerate until easy to handle, about 1 hour.
2. In a small bowl, whisk egg white until foamy. Shape dough into 1-in. balls; dip in egg white, then roll in nuts. Place on greased baking sheets. Using a wooden spoon handle, make an indentation in center of each cookie. Bake at 350° until center is set, 10-12 minutes.
3. For filling, combine the confectioners' sugar, butter, milk and vanilla; stir until smooth. Spoon or pipe 1/4 teaspoon into each warm cookie; gently press a chocolate kiss in the center. Carefully remove from pans to wire racks to cool.



DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity Room (BR) Board Room	The Lake Club Office will be closed between Christmas and New Year from December 23 to January 3.		1 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo(AR) 7pm Hatha Yoga (Preregister) (AR)	2 10am Yoga DVD (T) 11am—1pm Art Club Drop In 7pm Bridge (GR)	3 9:30am Aerobics DVD (T) 7pm French Lessons (GR)	4 7pm Movie: No Time To Die
5	6 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	7 10am Yoga DVD 1pm Book Club 5:30pm Grinch Workshop 1 7pm Grinch Workshop 2 (Preregister) (AR) 7pm Bridge (GR)	8 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo(AR) 7pm Hatha Yoga (Preregister) (AR)	9 10am Yoga DVD (T) 11am—1pm Art Club Drop In (AR) 11am Catholic Communion (T) 7pm Bridge (GR)	10 9:30am Aerobics DVD (T) 7pm French Lessons (GR)	11 7pm Movie: Red Notice
12	13 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 5:30pm Grinch Workshop 3 (Preregister) (AR)	14 10am Yoga DVD (T) 11am Anglican Service (T) 7pm Bridge (GR)	15 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo(AR) 7pm Hatha Yoga (Preregister) (AR)	16 10am Yoga DVD (T) 11am—1pm Art Club Drop In (AR) 7pm Bridge (GR)	17 9:30am Aerobics DVD (T) 7pm French Lessons (GR)	18 7pm Movie: The Green Knight
19	20 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	21 10am Yoga DVD (T) 7pm Bridge (GR)	22 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR)	23 10am Yoga DVD (T) 11am Catholic Mass (T) 7pm Bridge (GR)	24 9:30am Aerobics DVD (T)	25 CHRISTMAS DAY 
26	27 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	28 7pm Bridge (GR)	29 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR)	30 7pm Bridge (GR)	31 9:30am Aerobics DVD (T) NEW YEARS EVE	

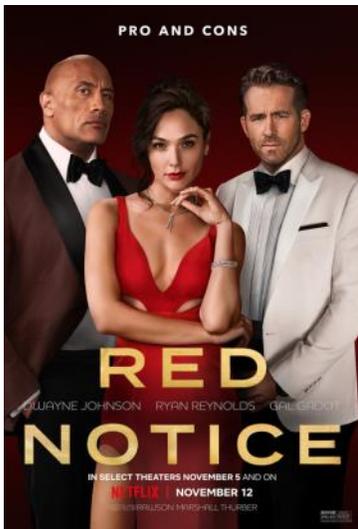
DECEMBER MOVIES (All movies begin at 7pm)



December 4, 2021 No Time To Die

Starring: Daniel Craig, Remi Malik, Lea Seydoux,
Director: Cary Joji Fukunaga
Distributor: MGM *
Rated: PG for sequences of violence and action, some disturbing images, brief strong language and some suggestive material.
Time: 163 min.

In No Time To Die, Bond has left active service and is enjoying a tranquil life in Jamaica. His peace is short-lived when his old friend Felix Leiter from the CIA turns up asking for help. The mission to rescue a kidnapped scientist turns out to be far more treacherous than expected, leading Bond onto the trail of a mysterious villain armed with dangerous new technology.



December 11, 2021 Red Notice

Starring: Dwayne Johnson, Ryan Reynolds, Gal Gadot,
Director: Rawson Marshall Thurber
Distributor: Netflix ++
Rated: PG-13 for violence and action, some sexual references, and strong language
Time: 117 min.

When an Interpol-issued Red Notice the highest level warrant to hunt and capture the world's most wanted goes out, the FBI's top profiler John Hartley (Dwayne Johnson) is on the case. His global pursuit finds him smack dab in the middle of a daring heist where he's forced to partner with the world's greatest art thief Nolan Booth (Ryan Reynolds) in order to catch the world's most wanted art thief, "The Bishop" (Gal Gadot). The high-flying adventure that ensues takes the trio around the world, across the dance floor, trapped in a secluded prison, into the jungle and, worst of all for them, constantly into each other's company



December 18, 2021 The Green Knight

Starring: Dev Patel, Alicia Vikander, Joel Edgerton
Director: David Lowery
Distributor: A24 **
Rated: 14A for violence, some sexuality and graphic nudity
Time: 125 min.

An epic fantasy adventure based on the timeless Arthurian legend, THE GREEN KNIGHT tells the story of Sir Gawain (Dev Patel), King Arthur's reckless and headstrong nephew, who embarks on a daring quest to confront the eponymous Green Knight, a gigantic emerald-skinned stranger and tester of men. Gawain contends with ghosts, giants, thieves, and schemers in what becomes a deeper journey to define his character and prove his worth in the eyes of his family and kingdom by facing the ultimate challenger. From visionary filmmaker David Lowery comes a fresh and bold spin on a classic tale from the knights of the round table.

* Licensed for public performance by Audio Ciné Film (ACF) ** Licensed for public performance by Criterion Pictures
++ Licensed for public performance by Netflix.



Happy Holidays

'Tis the season of Deep Gratitude as we all experienced another rollercoaster year. We are so blessed to be with such an amazing community.

Thank you all so much for your care and support.

Book online at www.vagaro.com/redearthsalon

Call 403-930-1293

E-mail redearthsalon@gmail.com

Holiday Hours

Tues/Thurs: 10am–7pm | Wed/Fri/Sat: 10am–4pm

Dec 24th: 10am–2pm | Dec 31st: 10am–3pm

Closed

Dec 25th–27th | Jan 1st–3th



Red Earth Salon
at the Lake Club



Merry Christmas

AND
HAPPY NEW YEAR

to all residents of The Lakes at Rocky Ridge

from all at



THE MANOR VILLAGE
LIFE
CENTERS