

Lake Club COMMUNICATOR



EDITOR'S NOTE

The pandemic has forced us to communicate in unique and far less personal ways. I'm pretty tech-savvy but always prefer human contact and it's certainly taking some time to adjust to the new normal of online bookings, Zoom meetings, e-mail, Facebook groups, etc. In many cases, however, lack of human contact doesn't have to mean lack of connection, we just have to learn how to make that connection virtually.

Don't forget about our community Facebook Group for residents to engage with each other and foster community spirit online. With cold weather nearing, we'll soon be spending more time indoors and this Group could be key to maintaining our connection with each other. Link to our Facebook group via the website.

Our gym has reopened, with limited hours, and both myself and the Board appreciate your patience as we attempt to set up a system that is easy to manage and

enables equal access for everyone wishing to work out. AHS protocols require us to have an individual on site doing pre-screening and ensuring sanitisation of equipment between sessions. This limits the time we are able to open the gym, however, in October we have added a few morning/early afternoon sessions and we have also restricted the number of times a person can book a session to twice a week which will enable us to accommodate more people.

Thanksgiving is upon us and the majority of us will be celebrating health and wellness this year. I do hope you get to spend some quality time with those you cherish. Whether it be in person or online—perhaps this year is the year to really tell our loved ones how much they mean to each us. Virtual hugs and elbow bumps aside, let's open our hearts and express real gratitude for each other.

*Happy October
Caroline*

The Lake Club is located in the parkade level of The Manors at 450 Rocky Vista Gardens NW.

Website

www.thelakesatrockyridge.com

Lake Club Manager: Caroline Pulford

(587) 349-1338 / activity.lakeclub@shaw.ca

HOA Board

lakesatrhoa@gmail.com

REPORT FROM THE HOA BOARD

The Board has been working with the Lake Club Manager to respond to your requests and suggestions for opening up more of the facilities under the government restrictions. The fitness centre reopened this month on a limited basis, by appointment only. Thank you for your patience as we work out the kinks in the booking system and protocols for safety. The library and theatre openings are still working well with good participation from the community. The outdoor fitness and yoga classes were both successful, with residents particularly enjoying the outdoor fitness sessions.

Please plan to attend the Annual General Meeting (AGM) on October 19 starting at 7pm at the Royal Oak Victory Church and over Zoom. You should have received an agenda package in the mail already. If you haven't then please contact Alex at alex@divsouth.com. Please pre-register before October 16 so we can accommodate everyone safely.

Along with typical AGM required business at this meeting, the Board will be presenting a motion for the HOA to assume the responsibility of the median located on Rocky Vista Drive directly West of the intersection with Rocky Ridge Road. This needs more attention than the City is giving it so we would like to hear from you about whether this is something the HOA should take over or not.

Check out the HOA website and newsletter for details of all of these events and the movies that are scheduled for October. You can also sign up on the website to have the newsletter emailed to you every month (www.thelakesatrockyridge.com).

We appreciate everyone's patience and support as we have been going through this re-opening process. If you have any concerns, suggestions or comments regarding the HOA, please send them to lakesatrrhoa@gmail.com or leave a message at The Lake Club Office or phone 587-349-1338.

Your HOA Board of Directors

Be Thankful



**The Lakes at Rocky Ridge
ANNUAL GENERAL MEETING**
7pm on Monday, October 19th 2020
In person at Royal Oak Victory Church
and virtual attendance via Zoom.

Pre-registration with Diversified Management Southern required in order for the facility to be prepared to meet AH protocols (e-mail dwood@divsouth.com).



GYM NOW OPEN

Limited Time Slots Available

**** Only 2 sessions per week allowed ****

SIGN UP IS REQUIRED

Sign up online at www.thelakesatrockyridge.com or in person with Caroline at the Lake Club during office hours.

Sign up for the upcoming week will be made available on our website every Wednesday around mid-day. 45 minute sessions. 2 people per session. 24 hour notice required for cancellations. Those who do not attend their session 2 successive times (No Shows) will be 'blacklisted' from signing up for a period of 2 weeks. Limited equipment available.

Enhanced cleaning, pre-screening and social distancing rules apply.

Masks required in common areas. Please bring a change of shoes for the Gym.



SIGN UP TO BE A VOLUNTEER

Volunteers play an integral role in ensuring the smooth running of our community, events, and activities within the Lake Club. How can I assist, you ask? Here are some committees you may wish to become involved with:

Gym Check In Volunteer

The gym is currently open on the days that the Lake Club Manager is on site as well as on some evenings when our HOA Board members are able to volunteer. Until government protocols for sign in and pre-screening are lifted, we need to have a person on site managing this process. Some residents have indicated their willingness to volunteer on an ongoing basis, in order to open the gym at other times, so that we can increase the number of workout sessions available each week. **Are you able to volunteer on a Saturday?** We would love to be able to set up some back-to-back time slots on a Saturday but we need more volunteers to assist. If you are able to enlist as a Gym Check In Volunteer, please e-mail Caroline (activity.lakeclub@shaw.ca), clearly indicating your availability. If you're available on a different day let us know—perhaps we can shuffle our schedules around to make this happen.

Event Committee

Do you wish to be involved in the planning and execution of events in our community? An event volunteer would assist the Lake Club Manager with the planning, execution and wrap up of events. While we aren't hosting events at this stage, we would love to establish a committee and start brainstorming safe and socially distanced events that might be possible in the near future. Send an e-mail to Caroline (activity.lakeclub@shaw.ca) if you would like to join the Events Committee.

OCTOBER ACTIVITIES

Book Club (Theatre)

First Tuesday of the month at 1pm.

Low Impact Aerobics: Jane Fonda (Theatre)

DVD played 9:30am on Mon, Wed & Fri.

Hatha Yoga (Theatre)

DVD played 10:00am on Tues & Thurs.

Movies (Theatre)

Saturdays at 7pm. Bring your own popcorn or movie-watching treats and enjoy a big-screen experience in a safe environment.

HOW IS MY MONTHLY HOA FEE SPENT?



The monthly HOA fee paid by all home owners within the Lakes at Rocky Ridge community is carefully managed by the HOA Board and Diversified Property Management. The \$25 fee that is collected each month enables the upkeep of the Lake Club facility, which includes the Gym, Theatre, Games Room/Library and Activity Room, and in addition, it also goes towards the maintenance and improvement of a number of outdoor areas within the community. These outdoor areas include the flower garden and signs at the community entrance, the fence along Rocky Ridge Rd, the waterfall above the lower pond, and the lookout at the corner of Rocky Vista Pk and Rocky Vista Dr. The HOA fee is also used to host the ongoing activities and programs and annual events within both the Lake Club and the community. While COVID-19 restrictions have indeed limited access to the Lake Club facility, and reduced the number of activities and events we are able to host at this time, the upkeep and maintenance of the community and the Lake Club facility is ongoing. As an HOA Board we are always open to answering any questions you may have and we welcome suggestions as to safe and socially-distanced activities and events.

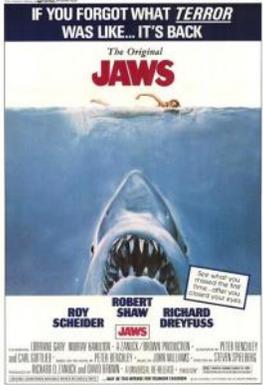
Questions regarding how the community is organised and how the HOA operates can be directed to the HOA Board at lakesatrrhoa@gmail.com. Questions about the status of individual HOA fee accounts can be directed to Diversified Management Southern (DMS), the community management company employed by the HOA. DMS offices are located at 218-222 16th Avenue NE, Calgary. Alex Bilinski is the HOA Community Manager at DMS (403-230-7376).

October Library Hours

9:30am to 1:00pm Monday to Thursday
7pm to 9pm Monday & Thursday Evenings
7pm to 10pm Wednesday Evening

For return and selection of books, puzzles and DVDs. Returns are quarantined for 72 hrs before return to shelves and high touch areas are sanitized frequently.

OCTOBER MOVIES
(All movies begin at 7:00 p.m.)



October 3, 2020
Jaws

Starring: Roy Scheider, Robert Saw, Richard Dreyfuss
Director: Steven Spielberg
Distributor: Universal Pictures *
Rated: PG
Time: 124 min.

Part of the Classic Movie Series
When a young woman is killed

by a shark while skinny-dipping near the New England tourist town of Amity Island, police chief Martin Brody (Roy Scheider) wants to close the beaches, but mayor Larry Vaughn (Murray Hamilton) overrules him, fearing that the loss of tourist revenue will cripple the town. Ichthyologist Matt Hooper (Richard Dreyfuss) and grizzled ship captain Quint (Robert Shaw) offer to help Brody capture the killer beast, and the trio engage in an epic battle of man vs. nature.



October 17, 2020
Butch Cassidy & the Sundance Kid

Starring: Paul Newman, Robert Redford, Katherine Ross
Director: George Roy Hill
Distributor: Twentieth Century Fox **
Rated: PG
Time: 110 min.

Part of the Classic Movie Series The true story of fast-draws and wild rides, battles with posses, train and bank robberies, a torrid love affair and a new lease on outlaw life in far away Bolivia. It is also a character study of a remarkable friendship between Butch - possibly the most likeable outlaw in frontier history - and his closest associate, the fabled, ever-dangerous Sundance Kid.



October 10, 2020
American Graffiti

Starring: Richard Dreyfuss, Ron Howard, Paul Le Mat
Director: George Lucas
Distributor: Universal Pictures *
Rated: PG
Time: 110 min.

Part of the Classic Movie Series
On the last day of

summer vacation in 1962, friends Curt (Richard Dreyfuss), Steve (Ronny Howard), Terry (Charles Martin Smith) and John (Paul Le Mat) cruise the streets of small-town California while a mysterious disc jockey (Wolfman Jack) spins classic rock'n'roll tunes. It's the last night before their grown-up lives begin, and Steve's high-school sweetheart, a hot-trot blonde, a bratty adolescent and a disappearing angel in a Thunderbird provide all the excitement they can handle.



October 24, 2020
Ghost

Starring: Patrick Swayze, Demi Moore, Whoopi Goldberg
Director: Jerry Zucker
Distributor: Paramount Pictures **
Rated: PG-13
Time: 127 min.

Part of the Classic Movie Series
Sam Wheat (Patrick Swayze) is

a banker, Molly Jensen (Demi Moore) is an artist, and the two are madly in love. However, when Sam is murdered by friend and corrupt business partner Carl Bruner (Tony Goldwyn) over a shady business deal, he is left to roam the earth as a powerless spirit. When he learns of Carl's betrayal, Sam must seek the help of psychic Oda Mae Brown (Whoopi Goldberg) to set things right and protect Molly from Carl and his goons.

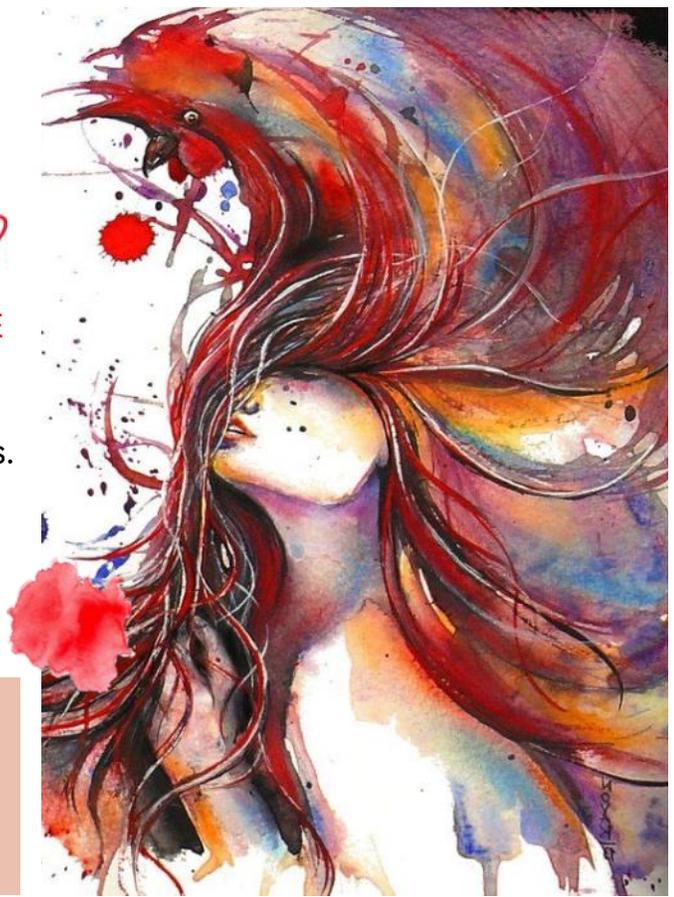
* Licensed for public performance by Audio Ciné Film (ACF) ** Licensed for public performance by Criterion Pictures
++ Licensed for public performance by Netflix

Red Earth Salon at the Lake Club

A UNIQUELY PRIVATE 1-ON-1 HAIR SALON EXPERIENCE

Red Earth Salon is a full-service affordable luxury hair studio, that also meets all of your retail hair care needs.

Prices and availability for online booking are at www.vagaro.com/redearthsalon or connect via phone or e-mail: 403-930-1293 / redearthsalon@gmail.com.



Hours

Monday Closed

Tuesday & Thursday 10am–7pm

Wednesday, Friday & Saturday 10am–4pm



THE MANOR VILLAGE
**LIFE
CENTERS**

The Community with Heart♥

BOOK YOUR TOUR TODAY

Call Jamie Cummings on 403-239-6400 to book your tour of the Manor Village at Rocky Ridge.

View the new show suites, learn about our resident-centred protocols and approach and discover what sets us apart as the community with heart!



The Manor Village is located within The Lakes at Rocky Ridge at 450 Rocky Vista Gardens NW.