

Lake Club COMMUNICATOR



EDITOR'S NOTE

As we welcome September and the calendar season nears its end, temperatures have been rising, reminding us that the warm days aren't over yet. Let's hope the sunny weather continues well into the fall!

With summer break behind us, many of our favourite activities will be starting up again in the first week of September. **Church services, Bingo, and Bridge** will be returning, please check the calendar for dates and times. Our fall **Yoga series** begins September 3rd and runs every Wednesday evening. To join this pre-paid program, please contact the Lake Club office to sign up.

Our **Book Club** is looking for new members, and now is a great time to join! They meet every second Monday of the month in the Theatre, with an adjustment in October to be the first Monday instead of the second due to Thanksgiving. If you enjoy reading coupled with thoughtful conversation, then this group is a wonderful way to discover great books and meet like-minded neighbours.

Back by popular demand, another **Gym Orientation Session** is happening on Saturday, September 27th at 3pm. A personal trainer and kinesiology expert will guide participants through safe and effective equipment use, proper form, and ways to build confidence in the gym. If you've been curious about starting a workout routine but felt unsure where to begin, this is an ideal opportunity to feel comfortable and supported as you get started.

For those who love to create, we're excited to introduce a new **Art Workshop** series, starting Tuesday, October 7th at 5:30pm. With guidance from a skilled artist, you'll receive hands-on instruction and leave with a beautiful piece of art you've created yourself. It's a wonderful way to explore your creative side and enjoy a relaxing evening of artistic fun. Adults only, and registration is required; please sign up through the Lake Club office.

Looking ahead, our **Community Garage Sale** is set for Saturday, October 18th, and promises to be a fun afternoon of browsing, selling, and connecting with neighbours. You'll find more details and guidelines on page 3 of this newsletter.

A warm welcome to all the new residents who have joined our community recently, we're so glad you're here! **Please be aware that security access forms must be completed before using the Lake Club facilities.** We also kindly remind everyone that facility rules, especially in the Fitness Centre, must be followed at all times, as misuse can result in fob access being suspended. Please visit our website to review the fob policy, submit forms, and explore all the great information available about The Lakes at Rocky Ridge community.

Finally, a reminder that all members, owners and renters alike, are welcome and encouraged to join in HOA activities and programs. If you live here, you're welcome to participate! There's something for everyone this fall, and it's a wonderful way to enjoy the vibrant community we share. Check the last page of this newsletter for upcoming events and be sure to mark your calendars.

Happy September, and we look forward to seeing you around the Lake Club!

Branka

JAMMERS WANTED!

Calling all music lovers!
Do you play an instrument or enjoy singing?
Experienced musicians and beginners alike are welcome to join our occasional jam sessions in the Lake Club Theatre.

These sessions are all about having fun and making music together. If you'd like to join the fun, please reach out the Lake Club office and we'll connect you with the other jammers!



The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website

www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic

(587) 349-1338 | activity.lakeclub@outlook.com
In-Office Hours: Monday & Tuesday 9am—2pm

HOA Board

lakesatrrhoa@gmail.com



Meet Rita of Ritzy Lady



Did you know we have our very own hair salon right here at the Lake Club? Tucked away inside our building, it's run by Rita, a talented stylist with a warm personality and a gift for making people feel right at home in her chair. We're excited to introduce you to her, share a little of her story, and shine a light on how this hidden gem became part of our community!

Rita is Calgary-born and raised, and a proud mom to three grown children who mean the world to her. After more than 25 years in the hairstyling world, she almost left the trade, but the chance to open a salon right here at the Lake Club came at the perfect time!

Her journey began in high school cosmetology, where she first thought she'd pursue nails. Instead, she discovered she had a real passion for hairstyling, and even more so, for people.

What she enjoys most about being in our community is the warm, friendly atmosphere and the chance to get to know so many people through her work. Having the salon here also gives her something new in her career: the flexibility to spend more time with her family.

And when she's not working, you'll often find her at her family cottage, the perfect unplugged getaway, or experimenting in the kitchen!

If you're ever in need of a fresh cut or just want to see what services are offered, pop by the salon and say hello to Rita, you won't be disappointed.



Thanks, Rita, for being such a wonderful part of our community!

Book Now: 403-714-5040

Lake Club
(parkade level of the Manor Village)
450 Rocky Vista Gardens NW



Salon Hours:

Sunday & Monday: Closed

Tuesday: 11:00 AM – 4:00 PM

Wednesday to Friday: 9:00 AM – 4:00 PM

Saturday: By Appointment Only



Chit-Chat with Rita

Q: How did you know hairstyling was the path for you?

Rita: I actually started out wanting to be a nail artist! But once I tried hair in cosmetology class, I fell in love with it. I realized I loved not just the creativity, but the people aspect. Talking and connecting with people makes my heart happy.

Q: What's your favourite part about running your salon in our community?

Rita: Everyone here has been so friendly and inviting. I love the activities, the chance to meet so many different people, and also the freedom it gives me to spend more time with my family after 25+ years in this field.

Q: What services can people book with you?

Rita: I offer a wide range, haircuts, styling, perms, and colors. From a quick trim to a fresh new look or something special for an event, I've got you covered.

Q: What's the most popular request these days?

Rita: Definitely a wash and style. Honestly, if I could have someone wash and style my hair every week, I would. What a luxury!

Q: Any common hair mistakes you see people make?

Rita: Buying products that aren't right for their hair type. There's no "one-size-fits-all." Your hair has its own needs, and the right product makes all the difference.

Q: Do you have a product you can't live without?

Rita: Yes, Miracle Creator by Matrix. It's a wonderful product with tons of benefits.

Q: Be honest, any trends you're ready to say goodbye to?

Rita: Oh yes. The men's comb-over cut with shaved sides... it's over. And hair tinsel making a comeback? No thanks!

Q: What do you like to do when you're not at the salon?

Rita: I love spending time at our family cottage, it's in the middle of nowhere with limited cell service, which makes it the ultimate getaway spot. And I also love baking! Right now I'm testing the waters with sourdough. Fun times, and very tricky!

Q: Tell us one fun or unexpected fact about yourself.

Rita: I think people are often surprised that I'm an artist. My daughter and I have been painting seasonal window art at the salon, and I love sharing that side of my creativity.





LAKE CLUB GYM
ORIENTATION *Session*

Led by a kinesiology expert
Saturday, September 27 at 3 PM

Spaces are limited, sign up today!

To sign up please contact the Lake Club office
Phone: 587-349-1338 Email: activity.lakeclub@outlook.com

GYM highlights

Our Fitness Centre underwent its regular maintenance in August, and the gym technician identified several pieces of equipment that require replacement parts. These parts have been ordered and are pending delivery directly from the manufacturer. This may take some time, so we kindly ask for your patience and understanding.

Important Reminders:

- Please treat the gym equipment with care and consideration. Several parts have been broken due to improper or aggressive use.
- **Only clean indoor-only shoes are permitted in the Lake Club Gym.** Shoes worn across the parkade or outside do not qualify, as dirt, rocks, and debris cause damage and costly repairs.
- The facilities are under 24/7 surveillance so please respect all gym rules.
- Be considerate of other gym users: do not sit on equipment while using your phone. If you need a break, text, or browse, kindly step aside to let others use the machine.
- If you notice an issue with any equipment, please drop a note in the suggestion box located near the gym entrance. All slips are reviewed, and if you leave your contact information, we'll provide feedback as well.

Following the success of our first Gym Orientation Session in March, we are excited to announce another session on Saturday, September 27th at 3:00 pm. Spots are limited and registration is required. Please contact the Lake Club office to secure a spot.



GARAGE SALE
SAT, OCT 18TH 2 PM-4 PM
LAKE CLUB ACTIVITY ROOM

Ready to declutter? Need something new? Join us for the Community Garage Sale! Find new homes for your belongings, and maybe even discover a few treasures of our own.

A few friendly guidelines:

- Sellers must register with the Lake Club Office to reserve a space.
- Please only bring smaller items to display. For larger items, bring a photo instead.
- Cash preferred, or arrange other payment methods directly between buyer and seller.
- A donation table will be available for items you'd like to give away.
- Any leftover items must be collected at the end of the event.
- Tables will be provided free of charge
- Space is limited so save your spot fast!

Sellers, register online or contact the Lake Club office at 587 349 1338 or activity.lakeclub@outlook.com



ART WORKSHOP

Looking for a fun way to get creative?

Try your hand at colour mixing, painting, collage, card making, and other art techniques.

*This program is designed for adults.
Registration is required.*



**Tuesday,
October 7th
5:30 PM - 7:30 PM**

**Lake Club
Activity Room**

To sign up, please visit the Lake Club office, call us, or send us an email.



A big thank you to one of our residents for sharing this stunning shot of a rainbow over Rocky Ridge! There's nothing like a rainbow to make us stop and appreciate the beauty around us.

We'd love to see more of your favourite moments in and around our community so keep those photos coming! Who knows, we might even award the best one!

Community Photo Challenge

While you're out and about in our community, be on the lookout for moments that catch your attention, a funny scene, a surprise animal visitor, or a beautiful view. Snap a photo and send it to activity.lakeclub@outlook.com.

Photos that are creative, amusing, or simply stunning may be featured in upcoming newsletters or on our social media. Let's view our community through your eyes!



September MOVIES



SATURDAYS AT 7PM



September 6 — The Second Best Exotic Marigold Hotel (2015) with Judi Dench, Maggie Smith, Bill Nighy

Rated PG for some language and suggestive comments (2h 2m)

As the Best Exotic Marigold Hotel has only a single remaining vacancy, posing a rooming predicament for two fresh arrivals, Sonny Kapoor (Dev Patel) pursues his expansionist dream of opening a second hotel.



September 13 — The Friend (2025) with Bill Murray, Naomi Watts, Cloé Xhaufflaire

Rated PG for language including a sexual reference (1h 59m)

When a solitary writer adopts and bonds with a Great Dane that belonged to a late friend, she begins to come to terms with her past and her own creative inner life.



September 20 — Lilo and Stitch (2025) with Maia Kealoha, Sydney Agudong, Chris Sanders

Rated PG for action, peril and thematic elements (1h 48m)

A lonely Hawaiian girl befriends a runaway alien, helping to mend her fragmented family.



September 27 — Here (2024) with Tom Hanks, Robin Wright, Paul Bettany

Rated PG for thematic material, some suggestive material, brief strong language and smoking (1h 44m)

A generational story about families and the special place they inhabit, sharing in love, loss, laughter, and life.



LAKE CLUB THEATRE

Board Report



The HOA Board of Directors hopes you have a great, restful, and safe summer. We are all looking forward to a new fall season filled with community-building activities and events. Please sign up to receive our newsletter by email so you can stay up to date.

Of the projects we are working on this summer, only the installation of water fountains is still in progress. We have heard back from the City, and it appears we have approval to install a water fountain in the smaller storm pond west of the Lookout. The City considers the larger pond, where the waterfall operates, a natural body of water and has advised against installing a fountain there, as it could disrupt the wildlife that use that pond. We are working to have the installation in the smaller pond completed in time to enjoy the fountain before winter, but if not, it will be ready for next spring and summer.

We appreciate all members of the community who show respect and kindness to each other and follow the Facility Access Terms for using the Lake Club facilities. This helps make our community a safe and welcoming neighbourhood to live in and enjoy with our neighbours. Thank you.

If you have any questions, concerns, suggestions, or comments regarding the HOA, the Lake Club, or any of our activities, please send them directly to the Board of Directors at lakesatrrhoa@gmail.com.

Join Us

The Lakes at Rocky Ridge Community BOOK CLUB

Join our monthly discussions on the
2nd Monday of each month
at 7 PM in the Lake Club Theatre

We'll meet again on September 8th to discuss
The Wind Knows My Name by Isabel Allende.
Our October gathering will be on Monday,
October 6th, the first Monday of the month,
since Thanksgiving falls on the second.
Come join us!

Drop-Ins Welcome

Current Read: The Wind Knows My Name by Isabel Allende

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30am Aerobics DVD (T) LABOUR DAY	2 9:30am Yoga DVD (T) 7pm Bridge (AR)	3 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	4 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	5 9:30am Aerobics DVD (T) 7pm Chess Club (GR)	6 7pm Movie (T): The Second Best Exotic Marigold Hotel
7 10:30am Summit United Church (Livestream) (T)	8 9:30am Aerobics DVD (T) 7pm Book Club (T) (Drop-ins Welcome) 	9 9:30am Yoga DVD (T) Personal Touch Fashions (Mobile Boutique) 11am—3pm (AR)  7pm Bridge (AR)	10 9:30am Aerobics DVD (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	11 9:30am Yoga DVD (T) 11am Catholic Communion (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	12 9:30am Aerobics DVD (T) 7pm Chess Club (GR)	13 7pm Movie (T): The Friend
14 10:30am Summit United Church (Livestream) (T)	15 9:30am Aerobics DVD (T) 1pm Fraud and Scam Information Session with CPS (T) 	16 9:30am Yoga DVD (T) 7pm Bridge (AR)	17 9:30am Aerobics DVD (T) 11am St. Thomas United Church (T) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	18 9:30am Yoga DVD (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	19 9:30am Aerobics DVD (T) 7pm Chess Club (GR)	20 7pm Movie (T): Lilo and Stitch Family Movie 
21 10:30am Summit United Church (Livestream) (T)	22 9:30am Aerobics DVD (T)	23 9:30am Yoga DVD (T) 7pm Bridge (AR)	24 9:30am Aerobics DVD (AR) 1:30pm Bingo (AR) 2pm Pavilions Knit Wits Social (GR) Hatha Yoga 7—8:15 pm (AR) (Sign-up)	25 9:30am Yoga DVD (T) 11am Catholic Mass (T) 6pm Walking Club (Lookout) 7pm Bridge (AR)	26 9:30am Aerobics DVD (T)	27 Gym Orientation Session 3pm—4:30 pm (Fitness Centre) Sign-up Required  7pm Family Movie (T): Here
28 10:30am Summit United Church (Livestream) (T)	29 9:30am Aerobics DVD (T)	30 9:30am Yoga DVD (T) 7pm Bridge (AR) NATIONAL DAY FOR TRUTH AND RECONCILIATION				Theatre (T) Games Room (GR) Activity Room (AR) Board Room (BR)

Upcoming Events

2025

Check out the list of events for this year

September

15

Fraud and Scam Presentation with CPS

Missed our last Fraud presentation? Here's your chance to catch it this time! Join us for an informative and eye-opening session with the Calgary Police Service, learn how to spot scams, protect yourself, and stay one step ahead.

September

27

Gym Orientation Session

New to the gym or want a refresher on the equipment? Join our Gym Orientation Session and get tips to make your workouts safe, effective, and fun!

October

07

Art Workshop

Get creative and have fun! Join our relaxed, hands-on Art Workshop to try new techniques and leave with your very own masterpiece.

October

18

Community Garage Sale

Time to declutter and discover treasures! Set up your table, browse your neighbours' finds, and enjoy a fun afternoon of bargain hunting.

October

31

Halloween Party

Spooky fun for everyone! Come in costume, enjoy games, treats, and a few surprises. It's a community celebration you won't want to miss.

November

22

Holiday Vendors Market

Get a head start on your holiday shopping! Explore unique gifts, festive goodies, and support local vendors while enjoying a cheerful holiday atmosphere.

December

06

HOA Holiday Party

Celebrate the season with your neighbours! Join us for festive fun, tasty treats, games, and a joyful atmosphere. It's the perfect way to get into the holiday spirit.

Coming Up Soon: Financial Planning Presentation Series

Join us in the Lake Club Theatre for a series of sessions with a financial expert covering key banking and finance topics, including budgeting, saving, investments, estate planning, and taxes.

Practical tips will be shared to help you make informed financial decisions.

Watch the newsletter for dates and times.

