

Lake Club COMMUNICATOR



Happy Easter

"Easter spells out beauty, the rare beauty of new life." – S.D. Gordon

EDITOR'S NOTE

Happy April!

We are moving right along with this year!

You are invited to bring your little ones for an Easter Egg Hunt on Saturday, April 8th from 11am— 1pm at the Lake Club. Let's enjoy some treats while the bunnies hop till they drop and get creative with Kid's Easter themed crafts in the Activity room.

Due to popular demand and fantastic turnout we have added more dates for the Sound Bath & Energy Healing. For those who are still wondering about this mysterious event, we encourage you to join us on Friday, April 14th at 6:30 pm in the theatre to explore this fascinating journey into inner peace and healing. For more dates please see page 8.

On Saturday, April 15th at 2:15 pm you are cordially invited to join us for a Piano Recital in the Lake Club theatre to relax and enjoy some wonderful music.

Our movie committee has come up with yet another fantastic movie line-up for this month, there is something for everyone!

As for the activities, this month has been hard to keep up with. Many community members were generous with their help and encouragement, especially with presenting suggestions for various events and activities they would like to see happen at the Lake Club. All suggestions will be explored and considered, so get excited for some new events and activities in the near future! Thank you, and please keep the great ideas coming.

It's such a wonderful time of year, with the anticipation of springtime and the promise of brighter days. I wish everyone a wonderful Spring season!

Branka

Congratulations to our e-newsletter subscriber residing in Pavilions 1!

You will be contacted by the Lake Club office to collect your prize.

Would you like to participate in our monthly \$20 gift card draw? Subscribe to our e-newsletter NOW for a chance to win!



SCAN OR CODE TO SIGN UP TO RECEIVE OUR NEWSLETTER ELECTRONICALLY.

The Lake Club is located in the parkade level of The Manor Village at 450 Rocky Vista Gardens NW

Website
www.thelakesatrockyridge.com

Lake Club Manager: Branka Stevanovic
(587) 349-1338 | activity.lakeclub@shaw.ca
Office Hours: Monday—Thursday, 8am—1pm

HOA Board
lakesatrrhoa@gmail.com



The Lakes At
ROCKY RIDGE

EASTER EGG HUNT

Saturday, April 8 11:00 am - 1:00 pm

The Lake Club



BOARD REPORT



The Board wishes all of you a happy spring and welcomes you to bring your family and friends to the Lake Club for a friendly game of table tennis, foosball or pool but please remember that an adult community member needs to be present at all times with their guests and minors.

We are working on sprucing up our outdoor areas, including collaborating with The City of Calgary to add some new park benches.

The Board is very happy to see that the temperature control issues at the Lake Club have been resolved.

If you have any concerns, suggestions or comments regarding the HOA, please send them to lakesatrrhoa@gmail.com or leave a message with your contact information at The Lake Club Office or phone 587-349-1338.



Do you have any suggestions for movies you would like to see? We would like to hear from you! Please contact the Lake Club office at 587 349 1338 or email activity.lakeclub@shaw.ca



Sunday, April 9 at 7pm
Lake Club Theatre



The Lakes At
ROCKY RIDGE

Yoga

FOR A HEALTHY BACK

8-week series from April 22 to June 10, 2023

**Saturdays 11:00 AM—12:15 PM
In the Lake Club Activity room**



Benefits of therapeutic Yoga for a Better Back

*Only \$96 for the
entire series!*

EXCLUSIVE PRICE OFFER.
PRE-PAYMENT &
PRE-REGISTER REQUIRED.

This class will combine the use of various specialized props, including critical alignment props, and basic yoga asana to increase the mobility, stability and strength of the shoulders, back and hips.

As it is a therapeutic class, no yoga experience is needed and it is ideal for everyone.

There will be a strong focus on the alignment of the spine to create freedom in the shoulders, back and hips.

Classes will include pranayama (guided breathing technique) as well.



To register please contact the Lake Club Office at 587 349 1338 or E-mail activity.lakeclub@shaw.ca

E Newsletter

Congratulations to the lucky
1st winner of our E-newsletter
\$20 Gift Card prize draw:

Pavilions 1 resident!

Thank you for being a E-newsletter
member and we hope
that you enjoy your prize!

Stay In Touch!

Get Community News
Delivered Directly to Your Inbox

Join our E-newsletter Distribution list
for a chance to be included in a
monthly \$20 gift card draw!

Please join us for a

PIANO RECITAL

SATURDAY, APRIL 15, 2023

2:15 — 3:00 PM

LAKE CLUB THEATRE



How to subscribe? It's easy!

Go to our website

www.thelakesatrockyridge.com

and click the "SUBSCRIBE" button

or

Visit or phone the Lake Club office at
587-349-1338 or send an email to

activity.lakeclub@shaw.ca

or

Scan QR code and sign-up online



SCAN QR CODE
To view online



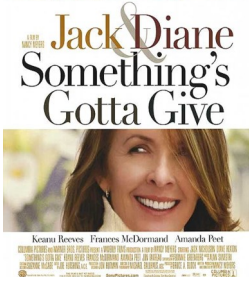
APRIL MOVIES

All movies begin at 7 pm in the Lake Club Theatre



April 1 - Something's Gotta Give (2003) PG-13 with Jack Nicholson, Diane Keaton, Keanu Reeves

A swinger on the cusp of being a senior citizen with a taste for young women falls in love with an accomplished woman closer to his age.



April 8 - A Man Called Otto (2022) PG-13 with Tom Hanks, Mariana Treviño, Rachel Keller

Otto is a grump who's given up on life following the loss of his wife and wants to end it all. When a young family moves in nearby, he meets his match in quick-witted Marisol, leading to a friendship that will turn his world around.



April 9 - Jesus Christ Superstar (1973) G with Ted Neeley, Carl Anderson, Yvonne Elliman

Film version of the musical stage play, presenting the last few weeks of Christ's life told in an anachronistic manner.



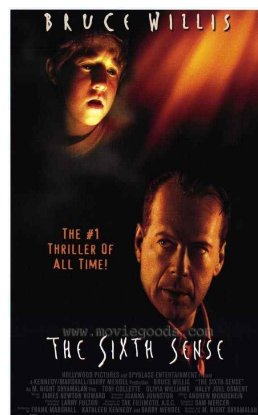
April 15 - Whitney Houston: I Wanna Dance with Somebody (2022) PG-13 with Naomi Ackie, Stanley Tucci, Ashton Sanders

A joyous, emotional, heartbreaking celebration of the life and music of Whitney Houston, one of the greatest female R&B pop vocalists of all time, tracking her journey from obscurity to musical superstardom.



April 22 - Puss In Boots: The Last Wish (2022) PG Animated with Antonio Banderas, Salma Hayek, Javier "Harvey" Guillén

When Puss in Boots discovers that his passion for adventure has taken its toll and he has burned through eight of his nine lives, he launches an epic journey to restore them by finding the mythical Last Wish.



April 29 - The Sixth Sense (1999) PG-13 with Bruce Willis, Haley Joel Osment, Toni Collette

A frightened, withdrawn Philadelphia boy who communicates with spirits seeks the help of a disheartened child psychologist.

APRIL 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(T) Theatre (GR) Games Room (AR) Activity Room						1 Hatha Yoga 11am—12:15 pm (AR) 7pm Movie (T): Something's Gotta give
2	3 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	4 9:30am Yoga DVD (T) 7pm Bridge (GR)	5 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	6 9:30am Yoga DVD (T) 7pm Bridge (GR)	7 9:30am Aerobics DVD (T) GOOD FRIDAY	8 LAKE CLUB EASTER EGG HUNT 11am—1pm  7pm Movie (T): A Man Called Otto
9 7pm Movie (T): MUSICAL: Jesus Christ Superstar EASTER SUNDAY	10 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR) 7pm Book Club (T) EASTER MONDAY	11 9:30am Yoga DVD (T) 7pm Bridge (GR)	12 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	13 9:30am Yoga DVD (T) 11am Catholic Communion (T) 7pm Bridge (GR)	14 9:30am Aerobics DVD (T) Sound Bath (T) 6:30—8:00 pm (Open Event)	15 Hatha Yoga 11am—12:15 pm (AR) PIANO RECITAL 2:15—3:00 pm (T) 7pm Movie (T): Whitney Houston: I Wanna Dance With Somebody
16	17 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	18 9:30am Yoga DVD (T) 7pm Bridge (GR)	19 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	20 9:30am Yoga DVD (T) 11am St. Thomas United Church Service (T) 7pm Bridge (GR)	21 9:30am Aerobics DVD (T)	22 Therapeutic Yoga For a Better Back 11am—12:15 pm (AR) 7pm Movie (T): FAMILY NIGHT Puss In Boots: The Last Wish
23	24 9:30am Aerobics DVD (T) 10:30am Ladies Social Group (GR)	25 9:30am Yoga DVD (T) 7pm Bridge (GR)	26 9:30am Aerobics DVD (T) 1:30pm Bridge (GR) 1:30pm Bingo (AR) Hatha Yoga 7—8:15 pm (AR)	27 9:30am Yoga DVD (T) 11am Catholic Mass (T) 7pm Bridge (GR)	28 9:30am Aerobics DVD (T)	29 Therapeutic Yoga For a Better Back 11am—12:15 pm (AR) 7pm Movie (T): The Sixth Sense
30						



Sound Bath & Energy Healing



— EXPERIENCE THE HEALING POWER OF SOUND —

FREE

- Friday, April 14 6:30—8:00 PM
- Friday, May 5 6:30—8:00 PM
- Friday, May 19 6:30—8:00 PM
- Friday, June 2 6:30—8:00 PM

In the Lake Club Theatre

- RELAX
- RECHARGE
- REJUVENATE



A sound bath is a meditative experience where those in attendance are “bathed” in sound waves produced by various instruments. Join us for a meditative journey into deep relaxation and inner healing! Bring your yoga mat and other props such as a pillow and a blanket if you wish to get comfy!

All welcome – no experience necessary.

This is an open event, no sign up required.

SCAN FOR MORE INFO



Your Success is My Success



SELLING REAL ESTATE IS ALL ABOUT TIMING

While Calgary's housing inventory levels have somewhat improved, they still remain at exceptionally low levels. Higher interest rates have had an impact on sales activity, however, the market is still experiencing a significant shortage of new listings. Because of the limited supply, stronger-than-expected monthly price gains have occurred. With a very robust sales-to-listings ratio, combined with a shortage of inventory, the market has struggled to move into a balanced territory, causing further upward pressure on home prices. Historically, listings tend to increase in the spring months, so in order to take advantage of this strong seller's market, it is time to take action. Contact me today for a FREE HOME EVALUATION!



Gary Wade
Real Estate
403-837-7878

DEDICATED TO RESULTS

Having lived in Calgary since 1976, and having sold real estate since 1978, my local market knowledge is unparalleled. Throughout my career, I have been involved in over 1600 real estate transactions, many of which are repeat clientele and previous client referrals. I have an extensive amount of experience in all sectors of the residential market, beginning with properties priced for the budget minded, all the way up to multi-million dollar luxury residences.

NOBODY DOES IT BETTER

Whether you, or someone you know, is in the market to buy or sell real estate, I would be extremely grateful for your support.

Scan QR Code with phone camera to search all MLS listings



Contact information:

- 403.837.7878
- gwaderealestate@gmail.com
- searchcalgaryhomes.com

